

NOTAN PRESENT THE FOURTH ANNUAL

SPRING TRACK RELAYS

Incorporating Round 1 of the North East Throws Festival

Saturday 30th March 2019 0930-1630 @ Churchill
Playing Fields, Whitley Bay NE26 3NT

TEAM STANDINGS

Pos	Club	Pts
1	Hartlepool Youth Athletics	252
2	Blyth	182
3	North Shields Poly	180
4	Gosforth Harriers	140
5	Chester-le-Street	101
6	South Shields	70
7	Houghton Harriers	68
8	Jarrow & Hebburn	43
9	Sunderland Harriers	36
10=	Darlington Harriers	30
10=	Gateshead Harriers	30
12	Wallsend Harriers	29
13	Derwentside AC	28
14	Tyne Bridge	18
15=	Heaton Harriers	15
15=	Middlesbrough AC	15
17	Phoenix Flyers	14
18	Elswick	13

Number	Club	Leg 1	Leg 2	Leg 3	Leg 4	Time	Position	Pts	Notes
T01 u11b 4x100									
3	Hartlepool Youth Athletics	Lewis Campbell	Thomas Robson	Daniel Aveyard	Bolton Jaye Cox	61.9	1	15	NEW RECORD
18	Wallsend Harriers	Ryan Forrest	Oscar Pichler	Patrick Sayer	Daniel Scott	67.3	2	12	
9	South Shields	Isaac Borrell	Jodie Stephenson	Owen Barron	Jay Steveneson	67.8	NS		
20	Hartlepool Youth Athletics	Ellis Hull	William Anderson	Ben Duthie	Harry Simpson	68.3	3	9	
29	Houghton Harriers	Jackson Riaz	Isaac Anderson	Jack Carroll	Harry Waugh	69.5	4	7	
8	Derwentside AC	Evie Fishwick	O. Marshall	Adam Wilkie	Oscar Burton	70.5	NS		
T02 u11g 4x100 heat 1									
2	Blyth	Niamh Adams	Caitlin Creaby	Taylor Chrisp	Abigail Huntly	65	1	15	
3	Hartlepool Youth Athletics	Kadenn McBean	Neve Watson	Lily Angus	Lucy Crawford	65.1	2	12	
1	North Shields Poly	Daisy May Towndrow	Martha French	Emily Hirst	Isabel Hirst	68.8	4	7	
10	Chester-le-Street	Darcy Lines	Taylor Miller	Celia Zeze	Lily Ella Smethurst	69.1	5	6	
T02 u11g 4x100 heat 2									
14	Houghton Harriers	Phoebe Nicholson	Aneeka Bellamy	Olivia Hoban	Freya Stockley	67.6	3	9	
20	Hartlepool Youth Athletics	Matilda Grylls	Evie Semple	Olivia Liddell	Poppy Cawley	68.8	4	7	
9	South Shields	Macy Eglantine	Pheobe Kirkley	Evie Newman	Becka Kirkley	73.9	6	5	
6	Phoenix Flyers	Amelia Kochanowska	Sian Gowdy	Ewan McCoy	Sanya Ord	74.5	NS		
18	Wallsend Harriers	William	Grace Delgarno	Rosa Carnaffan	Ethan Pilling	75	NS		
T03 u13b 4x100 heat 1									
1	North Shields Poly	Asfad Nadeem	Joseph Kilgour	Callum May	Dillon Towndrow	55.7	1	15	NEW RECORD
3	Hartlepool Youth Athletics	Ryan Hodge	Kai Facchini	Charlie Owens	Aaron Moran	57.1	2	12	
2	Blyth	Joseph Anderson	Alex Walker	Aiden Dempsey	Joshua Chrisp	57.9	3	9	
10	Chester-le-Street	Fenic Couzens	Ellis Ward	Louise Russell	Ellis Dickinson	62	5	6	
6	Phoenix Flyers	Luke Foster	Marcus Wright	Dylan Keogh	Patrick McCoy	66	8	3	
4	Gosforth Harriers	Jack Blythe	Edward Watson	Callum Akathar	Joseph Ashman	69	10	2	
T03 u13b 4x100 heat 2									
20	Hartlepool Youth Athletics	Oliver Duthie	James Ward	Owen Robson	Jonathan Kramer	61.4	4	7	
22	Blyth	Reuben Moss	Chad Horsman	Luke Pichler	Taylor Ogle	62.3	NS		
14	Houghton Harriers	Aaron Scott	Louie Robinson	Harry Beston	Jack Brown	65	6	5	
24	North Shields Poly	Kimi Ntwari	Jacob Blackhall	Heston May	Jacob Adams	65	7	4	
25	North Shields Poly	Aaron Head	Ryan Head	Bobby Towndrow	Eli Adams	67.5	9	0 (3rd team)	
23	Blyth	Jack Wormwell	Thomas Wormwell	Finlay Gray	Jack Watson	71	11	1	
T04 U13g 4x100 heat 1									

2	Blyth	Sadie Parker	Madeleinie Liddell	Hannah Wilson	Maya Turner	55.3	1	15	NEW RECORD
8	Derwentside AC	Leoni Howie	Isla Wilkie	E Pilkington	Isla Fishwick	59.3	3	9	
14	Houghton Harriers	Ayva Dent	Olivia Charlesworth	Millie Wilkinson	Jess Greggs	59.9	4	7	
9	South Shields	Summer	Rachael Forrest	Amy Stewart	Rebecca Harrison	61.4	NS		
3	Hartlepool Youth Athletics	Lola Pounder	Grace Meadley	Isabel Ward	Phoebe Wood	67.3	9	2	

T04 u13g 4x100 heat 2

1	North Shields Poly	Maddie Barbour	Emily Bond	Lucy Fitzpatrick	Aoeefe Bland	57.8	2	12	
24	North Shields Poly	Joeclyn Black	Caitlan	Faye	Alice	62.9	5	6	
10	Chester-le-Street	Karley Smith	Denna Burdon	Amelia Jones	Ella Jones	63.3	6	5	
4	Gosforth Harriers	Ellie Kennedy	Hannah Whiteman	Emma Ashman	Elise Bell	65	7	4	
22	Blyth	Lauren Creaby	Holly Briggs	Rebecca Allan	Faye Haynes	66.7	8	3	

T05 u15b 4x100

3	Hartlepool Youth Athletics	Fergus Green	Matthew Ward	Scott Temple	Owen Clapham	52.6	1	15	NEW RECORD
2	Blyth	Koffi Avornyo	Sam Browning	Owen Coyle	Stewart Bestford	55.6	2	12	
21	Hartlepool Youth Athletics	Jacob Wood	Archie Eldson	Jace Vickers	Jay Salmons	59.7	3	9	
14	Houghton Harriers	Ryan King	Jacob Groak	Jake Worth	Carl Charlton	60.7	4	7	
4	Gosforth Harriers	Silas Christie	Ethan Bond	Rob Boddy	Lewis Miller	62.5	5	6	

T05 u15g 4x100 heat 1

1	North Shields Poly	Maise French	Joanna Crulley	Anna Fitzpatrick	Lily Lee	53.4	1	15	NEW RECORD
3	Hartlepool Youth Athletics	Ellie Clapham	Isobel Hanley	Grace Kelly	Isabelle Hodgeson	57.6	2	12	
8	Derwentside AC	K Drummond	E Williamson	Emma McMahon	Aimee Palmer	58.2	4	7	
4	Gosforth Harriers	Faye Landless	Carrie Pickering	Kate Rickerby	Alice Lewis	61.5	10	1	
6	Phoenix Flyers	Huw Gowdy	Niamh Kemp	Dominic Kemp	Alana Ord	62.9	NS		
2	Blyth	Millie Train	Hannah Walker	Ellie Allan	Ruby Farrell	64	11		

T05 u15g 4x100 heat 2

27	Jarrow & Hebburn	Olivia Hall	Ruby Atkinson	Grace Arthurer	Lexi Brown	57.8	3	9	
24	North Shields Poly	Jessie Davison	Lilly Meyer	Lily Humhreys	Katie Jocelyn	58.4	5	6	
14	Houghton Harriers	Tilly Abbott	Jess Wood	Maisie Fuller	Lucy Hayes	59.4	6	5	
21	Hartlepool Youth Athletics	Caitlin Beattie	Anna Dickson	Eve Hogg	Evie Harker	60.7	7	4	
4	Gosforth Harriers	??	??	??	??	61.1	8	3	
18	Wallsend Harriers	Mae Waters	Martha Bowens	Elexa Haslam	Casey Stubbs	61.2	9	2	

T06 u17m 4x100

27	Jarrow & Hebburn	Jack Gatens	Igor Lemek	Andrew Caygill	Tom Paterson	54.2	1	15	
----	-----------------------------	-------------	------------	----------------	--------------	------	---	----	--

T07 U17W 4x100 heat 1

17	Gateshead Harriers	Lucy Giles	Philippa Ellis	Daisy Percival	Megan Costello	50.7	1	15	
2	Blyth	Mia Liddell	Ellie Morris	Erin Anderson	Heather Macdonald	52.6	2	12	
3	Hartlepool Youth Athletics	Ashley Watson	Poppy Forster	Scarlett Parker	Kirstin McManus	56.4	4	7	
7	Jarrow & Hebburn	Poppy Doherty	Grace Rowe	Alice Woodhouse	Ellie O'Halloran	61.5	7	4	

T07 U17W 4x100 heat 2

1	North Shields Poly	Charlotte Devitt	Quisha Graham	Alicia Beverley	Evie Perrett	54	3	9	
10	Chester-le-Street	Katie McKellar	Emma Brown	Grace McGlone	Sophie Luke	56.5	5	6	
18	North Shields Poly	Martha Topping	Heaether Crosbie	Lily Jamison	Libby Evans	57.4	6	5	

T08 Sen M 4x100 heat 1

1	North Shields Poly	Alex Nergaard	Robert Mole	Connor Splevins	AJ Barbour	49	1	15	
9	South Shields	Max Tyrie	Michael Welford	Kieran Moffatt	George Bull	52.1	4	7	
26	South Shields	Neil Yorston	Lee Hetherington	Ian Stephenson	Lewis Cook	54.3	7	4	

T08 Sen M 4x100 heat 2

15	Sunderland Harriers	Joel John	Harvery George	Joao Martins	Jordan Beavers	49.7	2	12	
10	Chester-le-Street	Paul Smith	Ben Alexander	Luke Russell	Mik Kulik	51.7	3	9	
3	Hartlepool Youth Athletics	John Spence	Colin Watson	Jeffrey Hull	Antony Ferguson	52.5	5	6	
2	Blyth	Henry Madden	John Wilson	Rob Wilson	Will Browning	52.8	6	5	
4	Gosforth Harriers	Jack Anderson	Ollie Gabriel	Joe Rickerby	Steven Bond	56.8	8	3	

T09 Sen W 4x100

7	Jarrow & Hebburn	Amy Barron	Megan Robson	Melissa Raine	Rachel Caygill	53.6	1	15	
15	Sunderland Harriers	Anna Harris	Aimie Hunter	Robyn Taylor	Paige Dembrey	55.9	2	12	
1	North Shields Poly	Lourdes Bradley	Grace Kahn	Millie Fitzgerald	Emma Jardine	56.1	3	9	
9	South Shields	Jenny O'Callaghan	Jemma Amin	Katherine Stewart	Summer Gatens	63.8	4	7	

T10 U11B 4x100 2nd race

3	Hartlepool Youth Athletics	Lewis Campbell	Thomas Robson	Daniel Aveyard	Bolton Jaye Cox	62	1	15	
20	Hartlepool Youth Athletics	Ellis Hull	William Anderson	Ben Duthie	Harry Simpson	64.7	2	12	
9	South Shields	Isaac Borrell	Jodie Stephenson	Owen Barron	Jay Steveneson	66.2	3	9	
18	Wallsend Harriers	Ryan Forrest	Oscar Pichler	Patrick Sayer	Daniel Scott	68.3	4	7	

29	Houghton Harriers	Jackson Riaz	Isaac Anderson	Jack Carroll	Harry Waugh	70.5	5	6
8	Derwentside AC	Evie Fishwick	O Marshall	Adam Wilkie	Evie Fishwick	74.5	NS	

T11 U11G 4x100 2nd race heat 1

2	Blyth	Abigail Huntly	Caitlin Creaby	Taylor Chrisp	Niamh Adams	65.7	1	15
14	Houghton Harriers	Phoebe Nicholson	Aneeka Bellamy	Olivia Hoban	Freya Stockley	68	3	9
19	Chester-le-Street	Darcy Lines	Taylor Miller	Celia Zeze	Eden Burdon	71.4	5	6
18	Wallsend Harriers	William	Grace Delgarno	Rosa Carnaffan	Ethan Pilling	75.4	7	4
6	Phoenix Flyers	Amelia Kochanowska	Sian Gowdy	Ewan McCoy	Sanya Ord	75.7	NS	

T12 U11G 4x100 2nd race heat 2

3	Hartlepool Youth Athletics	Kadenn McBean	Neve Watson	Lily Angus	Lucy Crawford	65.7	1	15
20	Hartlepool Youth Athletics	Matilda Grylls	Evie Semple	Olivia Liddell	Poppy Cawley	70.4	4	7
1	North Shields Poly	Dasy May Towndrow	Martah French	Emily Hirst	Isobel Hirst	71.4	5	6
9	South Shields	Macy Eglantine	Phoebe Kirkley	Evie Newman	Becka Kirkley	73.7	NS	

T13 Senior Men 4x400

2	Blyth	Josh Fiddaman	Henry Madden	John Wilson	Phil Battista	03:59.6	1	15
9	South Shields	May Tyrie	Lee Hetherington	Ryan Stewart	Kieran Moffat	04:09.0	2	12
10	Chester-le-Street	Mark Whitley	Luke Russell	Paul Burdon	Scott Russell	04:19.2	3	9
26	South Shields	Ian Stephenson	George Bull	Michael Welford	Lewis Cook	04:21.0	4	7

T13 U17 Men 4x400

4	Gosforth Harriers	Weslet Croom	Joseph Anderson	Joe Rickerby	Thomas Spreadbury	04:21.7	15	
---	--------------------------	--------------	-----------------	--------------	-------------------	---------	----	--

T13 Senior Women 4x400

2	Blyth	Gwen Forster	Susan Browning	Claire Mason	Chloe Barrass	05:22.9	1	15
4	Gosforth Harriers	Amy Ellis	Georgia Anderson	Sasha Gartside	Jo Blyth	05:27.2	2	12
9	South Shields	Jemma Amin	Katherine Stewart	Gayle Eglintine	Summer Gatens	05:33.5	3	9

T14 U17W 4x300

17	Gateshead Harriers	Megan Costello	Orla Carty	Lucy Giles	Philippa Ellis	02:59.1	1	15	NEW RECORD
2	Blyth	Mia Liddell	Courtney Madden	Erin Anderson	Heather Macdonald	03:06.4	2	12	
4	Gosforth Harriers	Ruby Nelson	Ella Lea	Carys Purves	Niamh Bell	03:33.8	3	9	

T16 U13 Mixed 4x200 heat 1

2	Blyth	Josh Chrisp	Madeleine Liddell	Alex Walker	Sadie Parker	01:58.8	2	12
4	Gosforth Harriers	Callum Aktar	Emma Ashman	Joseph Ashman	Elise Bell	02:14.6	7	4
9	South Shields	Jay Stephenson	Jodie Stephenson	Amy Stewart	Rebecca Harrison	02:16.2	NS	
8	Derwentside AC	Leoni Howie	A. James	E. Pilkington	S. Wilson	02:23.1	NS	
12	Elswick	Poppy Wilde	Sydney Bungay	Lola Wood	Erin Blight	02:23.9	NS	
14	Houghton Harriers	Ayva Dent	Millie Wilkinson	Aaron Scott	Louie Robinson	02:25.5	13	

T17 U13 Mixed 4x200 heat 2

1	North Shields Poly	Maddie Barbour	Emily Bond	Asfand Nadeem	Dylan Towndrow	01:58.4	1	15	NEW RECORD
14	Houghton Harriers	Jack Brown	Jess Greggs	Harry Beston	Olivia Charlesworth	02:08.5	3	9	
22	Blyth	Maya Turner	Aiden Dempsey	Joseph Anderson	Hannah Wilson	02:12.4	5	6	
19	Chester-le-Street	Fenic Couzens	Amelia Jones	Louie Russell	Ella Jones	02:14.5	6	5	
20	Hartlepool Youth Athletics	Kai Facchini	Oliver Duthie	Phoebe Wood	Isabelle Ward	02:18.7	10	1	
5	Gosforth Harriers	Hannah Whiteman	Ellie Kennedy	Jack Blyth	Edward Watson	02:30.2	14		

T18 U13 Mixed 4x200 heat 3

24	North Shields Poly	Heston Floyd	Aaron Head	Aeofe Bland	Lucy Fitzpatrick	02:15.2	8	3
10	Chester-le-Street	Karly Smith	Ellis Dickinson	Deanna Burdon	Ellis Ward	02:18.0	9	2
23	Blyth	Jack Watson	Jack Wormwell	Thomas Wormwell	Hugh Fenwick	02:34.2	NS	
30	Blyth	Rebecca Allan	Caitlin Creaby	Christopher Njai	Lauren Creaby	02:47.2	NS	

T18 U13 Mixed 4x200 heat 4

3	Hartlepool Youth Athletics	Ryan Hodge	Charlie Owens	Lola Pounder	Grace Meadley	02:11.8	4	7
23	Blyth	Ruby Farrell	Faye Haynes	Owen Barron	Chad Horsman	02:15.0	NS	
1	North Shields Poly	Isaac Adams	Jakob Blackwell	Caitlin Davies	Jocelyn Black	02:18.9	12	
6	Phoenix Flyers	Dominic Kemp	Amelia Kochanowska	Dylan Keogh	Sanya Ord	02:29.1	15	

T19 U15 Mixed 4x200 heat 1

3	Hartlepool Youth Athletics	Fergus Green	Matthew Ward	Ellie Clapham	Grace Kelly	01:55.5	1	15
1	North Shields Poly	Anna Fitzpatrick	Maisie French	Joanna Crulley	Lily Lee	01:56.0	NS	
25	North Shields Poly	Holly Waugh	Grace Davies	Katie Jocelyn	Willow Davis?	02:01.9	NS	
14	Houghton Harriers	Jake Worth	Jess Wood	Maisie Fuller	Carl Charlton	02:05.3	8	3
8	Derwentside AC	K. Drummond	A. Local	C. Ridley	Aimee Palmer	02:06.5	NS	
12	Elswick	Caitlin Flanagan	Sophie Henderson	Lucy Milburn	Imogen Bungay	02:09.7	NS	

T20 U15 Mixed 4x200 heat 2

20	Hartlepool Youth Athletics	Owen Clapham	Jacob Wood	Eve Hogg	Isobel Hanley	02:00.4	2	12
4	Gosforth Harriers	Faye Landless	Ethan Bond	Alice Lewis	Silas Christie	02:00.5	3	9

2	Blyth	Stewart Bestford	Hannah Walker	Millie Train	Owen Coyle	02:02.1	4	7
1	North Shields Poly	Lily Humphreys	Jessie Davison	Ewan Hall	Jakob Adams	02:04.4	6	5
18	Wallsend Harriers	Luke Pichler	Martha Bowens	Casey Stubbs	Reuben Moss	02:05.2	7	4
14	Houghton Harriers	Jacob Groak	Ryan King	Tilly Abbott	Lucy Hayes	02:12.8	10	1

T21 U15 Mixed 4x200 heat 3

6	Phoenix Flyers	Luke Foster	Niamh Kemp	Matthew Gill	Alana Ord	02:03.9	5	6
21	Hartlepool Youth Athletics	Archie Elsdon	Jace Vickers	Caitlin Beattie	Scarlett Parker	02:05.9	9	2
5	Gosforth Harriers	Lewis Miller	Carrie Pickering	Rob Boddy	Kate Rickerby	02:14.6	12	

T22 U17 Mixed 4x200

3	Hartlepool Youth Athletics	Ashley Watson	Poppy Forster	Scott Temple	Daniel Raper	01:50.8	1	15 NEW RECORD
10	Chester-le-Street	Ben Alexander	Sophie Luke	Lauren Jones	Luke Russell	01:53.0	2	12
2	Blyth	Courtney Madden	Erin Anderson	Ellie Morris	John Wilson	01:53.6	NS	
4	Gosforth Harriers	Joe Rickerby	Carys Purves	Thomas Spreadbury	Ruby Nelson	02:03.1	3	9
5	Gosforth Harriers	Amy Ellis	Wesley Croom	Ella Lea	Joe Anderson	02:06.8	4	7

T23 Senior mixed 4x200 heat 1

1	North Shields Poly	Connor Splevins	Stuart Lynn	Lourdes Bradley	Martha Topping	01:56.2	3	9
2	Blyth	Henry Madden	Gwen Forster	Phil Battista	Lauren Barrett	01:57.3	4	7
9	South Shields	Michael Welford	Jenny O'Callaghan	Claire O'Callaghan	George Bull	01:58.2	5	6
4	Gosforth Harriers	Ollie Gabriel	Georgia Anderson	Rhian Purves	Jack Anderson	02:03.8	6	5

T24 Senior mixed 4x200 heat 2

1	North Shields Poly	AJ Barbour	Robert Mole	Alicia Beverley	Evie Perrett	01:48.2	1	15
15	Sunderland Harriers	Anna Harris	Shakeeb	Robyn Taylor	Jordan Beavers	01:54.3	2	12
26	South Shields	Max Tyrie	Katherine Stewart	Gayle Eglintine	Lee Hetherington	02:14.7	7	4

T25 2x2x400

9x	Tyne Bridge / NSP	Sparrow Morley	Jacky Penn			04:29.8	ns	NEW RECORD
2	Blyth	Josh Fiddaman	Chloe Barrass			04:33.6	ns	
5	Gosforth Harriers	Ollie Gabriel	Rhian Purves			04:38.3	ns	
22	Blyth	Craig Harmon	Lauren Barrett			05:01.3	ns	
32x	Blackhill Bounders	Lauren Young	Jordan Bell			05:04.0	ns	
10	Chester-le-Street	Abbie Anderson	Steven Anderson			05:42.6	ns	
4	Gosforth Harriers	Steven Bond	Joe Blyth			06:03.4	ns	

T27 U13B 4x800

13	Darlington Harriers	Elwood Kelley	Ashton Harrison	Louis Brett	Harry Lyons	10:43.5	1	15 NEW RECORD
3	Hartlepool Youth Athletics	Oliver Duthie	Kai Facchini	Shay Hackworth	James Ward	11:05.5	2	12
11	Tyne Bridge	David Carr	Jake Moir	Luis Nichol	Harry Snaith	11:49.4	3	9
10	Chester-le-Street	Fenic Couzens	Ellis Dickinson	Ellis Ward	Louie Russell	12:18.3	4	7
4	Gosforth Harriers	Jack Blythe	Callum Achar	Edward Watson	Joseph Ashman	12:21.9	5	6
18	Wallsend Harriers	Luke Pichler	Daniel Scott	Aaron Heads	Hugh Fenwick	12:25.8	NS	
6	Phoenix Flyers	Luke Foster	Huw Gowdy	Dylan Keogh	Dominic Kemp	12:30.5	6	5
23	Blyth	Chad Horsman	Jack Wormwell	Jack Watson	Thomas Wormwell	14:02.5	7	4

T27 U13G 4x800

13	Darlington Harriers	Libby Hammond	Savannah Tarn	Tori Buckley	Zara Jones	11:19.7	1	15
1	North Shields Poly	Caitlin Davies	Bea Thew	Lucy Fitzpatrick	Jocelyn Black	11:44.4	2	12
4	Gosforth Harriers	Hannah Whiteman	Ellie Kennedy	Elise Bell	Emma Ashman	11:58.6	3	9
8	Derwentside AC	Isla Wilkie	S. Wilson	A. Jones	Isla Fishwick	12:23.7	4	7
10	Chester-le-Street	Ella Jones	Amelia Jones	Deanna Burdon	Karly Smith	12:56.2	5	6
2	Blyth	Sadie Parker	Hannah Wilson	Madeleine Liddell	Ruby Farrell	13:01.7	6	5
12	Elswick	Poppy Wilde	Sydney Bungay	Lola Wood	Erin Blight	13:05.0	7	4
11	Tyne Bridge	Ruby Colver	Laura Whitman	Abigail Fraser	Chloe Fraser	13:21.0	8	3

T30 U15B 4x800

3	Hartlepool Youth Athletics	Fergus Green	Matthew Ward	Owen Clapham	Scott Temple	10:18.3	1	15
4	Gosforth Harriers	Ethan Bond	Silas Christie	Lewis Miller	?	10:54.2	NS	
6	Phoenix Flyers	Matthew Gill	Niamh Kemp	Marcus Wright	Patrick McCoy	12:00.4	NS	

T30 U15G 4x800

28	Middlesbrough AC	Emma McNeill	Lois Creasey	Isabel herbert	Zoe Hill.	09:58.8	1	15 NEW RECORD
1	North Shields Poly	Holly Waugh	Grace Davies	Katie Jocelyn	Willow Morris	10:28.0	2	12
12	Elswick	Caitlin Flanagan	Sophie Henderson	Lucy Milburn	Imogen Bungay	11:19.9	3	9
3	Hartlepool Youth Athletics	Scarlett Parker	Anna Dickson	Katie Pattison	Katie Day	12:09.0	4	7
11	Tyne Bridge	Anna Dorman	Amber Maynard	Hope Moir	Amelia Short	12:10.3	5	6
8	Derwentside AC	Ava Local	Emma McMahan	C. Ridley	E Williamson	12:22.4	6	5

T31 U17W 4x800

4	Gosforth Harriers	Amy Ellie	Ruby Nelson	Niamh Bell	Ella Lea	11:30.5	1	15
---	--------------------------	-----------	-------------	------------	----------	---------	---	----

T31 U17M 4x800

	4	Gosforth Harriers	Joe Rickerby	Thomas Spreadbury	Joseph Anderson	Wesley Croom	10:14.8	1	15
T31 Sen W 4x800									
	10	Chester-le-Street	Lauren Jones	Eve Whitley	Abbie Anderson	Abbie Holeman	12:14.8	1	15
	4	Gosforth Harriers	Jo Blyth	Sasha Gartside	Fiona Waugh	Georgia Anderson	13:45.3	2	12
T31 Sen M 4x800									
	16	Heaton Harriers	James McKenzie	Calum Mills	James Meader	Jordan Cairns	09:30.6	1	15
	2	Blyth	Tony Dunn	Henry Madden	Josh Fiddaman	Joseph Dungworth	09:40.4	2	12
	4	Gosforth Harriers	Ollie Gabrielle	Jack Anderson	Steve Boddy	Georgia Anderson	10:39.5	3	9
	10	Chester-le-Street	Mark Whitley	Paul Alexander	Paul Burdon	Scott Russell	11:46.8	4	7