

NOTAN Winter Handicap Risk Assessment

About This Risk Assessment: NOTAN (North of Tyne Athletics Network) Risk Assessment

Risk Assessment created: 14th August 2018

Risk Registration Number: 0003

Update History:

Prior RA: 0001	Regular Course	Reviewed	14 th August 2018
14/08/2018	Yes	Yes	09/10/2018
09/10/2018	Yes	Yes	11/10/2018

Health & safety risks to runners, organisers, spectators, and other location users

E1 – Event Facilities

Item	Risk	Likelihood	Impact	Mitigation
E1.1	Traffic approach routes	Low	Medium/High	All roads to course are major artery routes between Seaton Sluice and Cullercoats, with clear road signage and speed restrictions in situ.
E1.2	Parking (cars and motor bikes)	Low	Low	Large car park close to start/finish area with ample parking for runners, organisers, spectators, and other location users. Speed restrictions in place to limit impact.
E1.3	Registration & Enquiries	Low	Low	All registrations are closed in advance of start of event. Enquiries will be dealt with by Race Director on the day.
E1.4	Toilets (Base and/or course)	Medium	Medium/High	There are no on-site toilets however, toilets can be accessed at the Brierdene Public House, a distance of 100 yards from

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				start/finish area. Users are requested to use zebra crossing 50 yards south of the public house to access facilities.
E1.5	Route to course	Medium	Medium/High	A marshal will be present to alert runners, organisers, spectators, and other location users to on-coming traffic as they cross entrance to car park to get to start/finish area.
E1.6	Refreshments	Medium	Medium/High	Post event refreshments can be accessed at the Brierdene Public House, a distance of 100 yards from start/finish area. Users are requested to use zebra crossing 50 yards south of the public house to access facilities.
E1.7	Handling of cash	Low	Medium	Minimum handling of cash will occur on event nights.

S1 - Risks to Safety (Weather)

Item	Risk	Likelihood	Impact	Mitigation
S1.1	Lightning causing danger	Low	High	Race director to postpone or cancel the race
S1.2	High Winds causing problems with sand	Medium	High	Race director to postpone or cancel the race. If race proceeds, at start remind runners to be careful of trees/branches and that they run at their own risk
S1.3	Snow/icy conditions underfoot downhill	Medium	High	Race director to postpone or cancel the race. If race proceeds, at start remind runners to be careful of icy conditions and that they run at their own risk. If paths unclear or frozen, park run will be cancelled/postponed.

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S1.4	Snow/icy conditions underfoot uphill	Medium	High	Run Director to postpone or cancel the run. If run proceeds, participants to be warned to be careful of icy conditions, and informed that they run at their own risk.
S1.5	Snow/icy conditions on flat surface	Medium	High	Run Director to postpone or cancel the run. If run proceeds, participants to be warned to be careful of icy conditions, and informed that they run at their own risk.
S1.6	Very extreme weather, hot or cold	Medium	Medium	Run Director to postpone or cancel event.
S1.7	Standing water on course	Medium	Medium	Run Director to postpone or cancel event. Warn of possibility of standing water and where it may occur. Informing runners to take care. Placing course marshal or cone in front of standing water to reduce risk of injury.
S1.8	Slippery conditions underfoot following rainfall			Run Director to warn of possibility and where the slip patches may occur. Placing course marshal or cone in front of standing water to reduce risk of injury.

S2 - Risks to Safety (Obstacles)

Item	Risk	Likelihood	Impact	Mitigation
S2.1	Dog walkers, cyclists and skateboarders causing obstruction/danger.	Low	Medium	Include safety advice on website. Delay start until obstructions clear. Lead bike to use whistle to warn pedestrians.
S2.2	Runners, spectators, including children, and dogs on course near the start and finish line	Medium	Medium	Include safety advice on website. Ask for children to be closely supervised, especially near the start and finish area. All dogs to be kept on leads at start and finish area.

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S2.3	Debris or other items on course (e.g. branches)	Medium	Medium	Remove if safe to do so, or mention the hazard at the pre-run briefing.
S2.4	Street furniture on course (bollards, street lights, bins, high concrete borders)	Medium	Medium	Use cones and/or tape for major hazards, course marshals to be stood in front of obstacles to reduce risk of injury/collision.
S2.5	Uneven narrow path with two-way runners (with bollards in middle of path (High Point Hotel)	Low	Medium	Runners must keep right, x2 marshals on path, runners with prams to be warned that the route may not be suitable for double buggies due to two-way traffic. Warnings are included in the pre run briefing.
S2.6	Running in the dark / uneven paving	Medium	Medium	Additional mobile safety lighting to deploy in areas most affected. Course marshals/runners to be advised to use head torches, Race Director to remind participants that they are running at their own risk, marshals will warn runners of unlit paths as they approach.
S2.7	Unlit paths and potential	Medium	Medium	Pre event briefing to inform runners to use head torches and that they are running at their own risk, marshals will warn runners of unlit paths as they approach.
S2.8	Risk of falling / injury.	Medium	Medium	Advise team managers that NOTAN are not liable for personal injury to runners if they fall/trip.
S2.9	Conflict with dog walkers, cyclists and other users			The route is regularly used by other users and caution runners to be used signs at key cross over points on course. Runners to be reminded at run brief that they do not have priority over other users. Lead bike to blow whistle to warn other users of approaching runners.

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S3 - Risks to Safety (Other)

Item	Risk	Likelihood	Impact	Mitigation
S3.1	Runner has sudden serious health problem (e.g. heart attack, stroke, asthma attack)	Low	High	St John Ambulance are providing two staff + a mobile operator with first aid equipment
S3.2	Runner has serious injury during run	Low	High	St John Ambulance are providing a mobile operator with first aid equipment
S3.3	Runners fall causing injuries	Medium	High	St John Ambulance are providing a mobile operator with first aid equipment

A – Additional Risks

Item	Risk	Likelihood	Impact	Mitigation
A1	Road Lighting is off	High	High	Additional mobile lighting and marshals wearing head torches will be placed along affected area to reduce risk to runners and marshals.
A2	Sand blown off beach	Medium	Medium	Advise on website and at run brief
A3	Disruption or obstruction by construction vehicles	Medium	Medium	Inspection of works prior to event, with additional, relevant safety briefing if required.
A4				
A5				

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Race Director Name _____

Dated _____