

## NOTAN GP Standings after GP 4

### Team Standings

Position	Number	Team Name	Captain	GP1	GP2	GP3	GP4	Overall
1	21	Royston's Youngsters II - The Sequel	Rob Young	5	8	8	7	28
2	4	Rockcliffe B Team	Matt Fletcher	4	12	2	15	33
3	14	All About The Pace	John Sutcliffe	15	13	3	6	37
4	12	Winter's Coming	David Quinn	2	5	11	21	39
5	8	Monkey Runners	Gemma Thompson	3	1	14	22	40
6	7	Kristy's Wonders	Kristy Wonders	22	10	6	3	41
7	19	Cool Runnings 1	Terry Robertson	6	7	23	8	44
8	20	The Mixtures	David Howe	7	23	4	13	47
9	5	Happy Souls	Lesley Sinclair	25	15	7	2	49
10	1	Lightning Seeds	Helen Lilley	27	3	12	11	53
11	22	Chimpanzoomer's	Neil Wood	9	11	24	10	54
12	10	Stew Pots	Ron Stewart	24	6	21	4	55
13	16	Fast Action Heroes	Paul Sherburn	12	27	1	16	56
14	11	Cunning Stunts	Steve Colby	13	25	13	5	56
15	13	The Sexy Saturday	Sean Maley	1	21	9	27	58
16	25	Shreddie Knitters	Heather Gould	20	20	10	9	59
17	6	Never Mind The Handicaps	Roger Mosedale	19	22	5	14	60
18	15	Swift Runners	Clare Swift	21	14	26	1	62
19	23	Geoffrey's Midnight Runners	Geoff Blair	10	17	16	24	67
20	27	Toon Sky Blues	Richard Slack	28	9	18	12	67
21	18	Tight Butts and Sweaty Nuts	Abbie Cresswell	18	16	19	17	70

<b>22</b>	3	Scrambled Legs	John Brettell	16	2	28	25	71
<b>23</b>	2	Tri Hard	Neil Dick	17	4	27	26	74
<b>24</b>	9	Coastbusters	Holly Mansfield	14	19	17	28	78
<b>25</b>	26	Rock's Star's	Paul Robinson	11	24	20	23	78
<b>26</b>	17	Run EMC	Alison Smith	8	28	25	18	79
<b>27</b>	28	Muckle Tri	Kris Whitelaw	23	18	22	19	82
<b>28</b>	24	Angels of the North	Jacquetta Groves	26	26	15	20	87

### Individual Standings

<b>Number</b>	<b>Name</b>	<b>Gender</b>	<b>UKA Club</b>	<b>GP1</b>	<b>GP2</b>	<b>GP3</b>	<b>GP4</b>	<b>Total</b>
<b>168</b>	Katie Hardy	F	NSP	5	3	29	51	88
<b>55</b>	Janice Mitcheson	F	NSP	9	85	14	43	151
<b>21</b>	Wendy Pawsey	F	NSP	67	14	34	48	163
<b>157</b>	Michelle Alexander	F	UA	6	144	4	16	170
<b>112</b>	Lauren Bowden	F	NSP	2	77	19	100	198
<b>135</b>	Michael Parkinson	M	NSP	29	49	116	15	209
<b>95</b>	Chris Waite	M	NSP	40	74	60	50	224
<b>196</b>	Fiona Barras	F	NSP	16	32	132	46	226
<b>29</b>	Mike Taggart	M	UA	30	118	36	44	228
<b>79</b>	Mark Nash	M	NSP	80	18	21	113	232
<b>30</b>	Jason Nash	M	NSP	59	24	31	120	234
<b>177</b>	Geoff Blair	M	Jesmond Joggers	49	11	133	41	234

<b>166</b>	Michelle Armstrong	F	NSP	13	15	92	115	235
<b>15</b>	Alan Whitley	M	NSP	82	13	65	78	238
<b>57</b>	Gemma Thompson	F	NSP	120	22	38	58	238
<b>81</b>	Steve Colby	M	NSP	33	75	55	79	242
<b>126</b>	Paddy Drought	M	NSP	51	9	33	152	245
<b>144</b>	Huw Parry	M	NSP	88	21	112	24	245
<b>176</b>	Simon Huntley	M	UA	77	60	37	73	247
<b>26</b>	Sven Scheirig	M	NSP	11	163	3	70	247
<b>31</b>	Graham Hall	M	NSP	52	73	74	54	253
<b>146</b>	Hannah Robertson	F	UA	160	65	5	26	256
<b>110</b>	Cheryl-Lee Louise Hall	F	NSP	83	36	53	85	257
<b>150</b>	Paul Manning	M	UA	58	30	113	57	258
<b>7</b>	Louise Coultate	F	NSP	123	56	48	33	260
<b>194</b>	Peter Donaghy	M	NSP	148	50	24	39	261
<b>33</b>	Lesley Sinclair	F	NSP	107	111	35	9	262
<b>64</b>	Anna Aldous	F	NSP	19	38	51	155	263
<b>93</b>	Ruth Oldham	F	Gosforth	62	34	77	91	264
<b>215</b>	David Devenie	M	Claremont	85	39	76	65	265
<b>35</b>	Daren Harman	M	NA	63	33	80	97	273
<b>8</b>	Helen Lilley	F	NSP	118	12	90	53	273
<b>149</b>	Anna Thornton	F	UA	15	19	122	124	280
<b>242</b>	Simon Ellis	M	NSP	57	71	147	5	280

<b>91</b>	Ricky Davidson	M	NSP	41	47	85	109	282
<b>220</b>	Martin Lloyd	M	Gosforth	46	115	40	93	294
<b>59</b>	Jess Hosie	F	UA	1	10	108	180	299
<b>227</b>	Neil Wood	M	NSP	7	132	96	64	299
<b>127</b>	Ivor Potter	M	NSP	69	180	16	35	300
<b>141</b>	David Stainthorpe	M	NSP	32	88	45	136	301
<b>86</b>	Richard Hanley	M	NSP	65	147	58	32	302
<b>111</b>	Ivan Thorn	M	NSP	47	162	2	92	303
<b>45</b>	Helen Ruth	F	NSP	160	45	39	59	303
<b>120</b>	Simon Dunn	M	NSP	99	101	95	11	306
<b>164</b>	Jennie Doig	F	UA	8	141	88	72	309
<b>96</b>	Tom Penfold	M	NSP	43	61	30	180	314
<b>214</b>	Sarah Bowen	F	Claremont	160	43	67	47	317
<b>122</b>	Jonny Rowson	M	NSP	92	139	25	67	323
<b>125</b>	Anabel Drought	F	NSP	10	146	22	147	325
<b>97</b>	Sean Maley	M	NSP	36	114	28	148	326
<b>77</b>	Kath Richards	F	NSP	3	133	153	40	329
<b>5</b>	Lita Gill	F	NSP	160	23	79	68	330
<b>136</b>	Andy Fury	M	NSP	50	150	11	121	332
<b>43</b>	Simon Jamison	M	NSP	84	120	73	60	337
<b>158</b>	David Howe	M	UA	18	83	149	88	338
<b>88</b>	Alan Haddon	M	NSP	160	156	20	2	338

<b>165</b>	Mark Burgess	M	NSP	104	79	18	138	339
<b>85</b>	Paul Seed	M	NSP	55	123	66	95	339
<b>60</b>	Jason Elliott	M	NSP	12	62	86	180	340
<b>160</b>	Joanna Malia	F	UA	149	68	12	111	340
<b>225</b>	Alison Smith	F	NSP	71	110	64	96	341
<b>98</b>	Carla Maley	F	NSP	35	124	101	84	344
<b>71</b>	John Laws	M	NSP	96	100	8	141	345
<b>2</b>	Kathy Seed	F	NSP	147	2	17	180	346
<b>78</b>	Claire Surrey	F	NSP	160	59	75	52	346
<b>147</b>	Elaine Davies	F	UA	4	180	156	6	346
<b>92</b>	Andy Heppell	M	Gosforth	21	53	94	180	348
<b>25</b>	Paul Walton	M	UA	160	5	7	180	352
<b>56</b>	John Parker	M	NSP	81	51	41	180	353
<b>156</b>	Abigail Evans	F	NSP	146	66	110	31	353
<b>94</b>	Paul Harris	M	NSP	45	25	154	132	356
<b>182</b>	Jonny Law	M	Jesmond Joggers	24	29	125	180	358
<b>155</b>	Linda Bulfin	F	UA	160	58	43	99	360
<b>241</b>	Victoria Houghton	F	NSP	64	180	49	69	362
<b>34</b>	Alison Chan	F	NSP	160	82	102	18	362
<b>206</b>	David Lydall	M	Claremont	48	93	42	180	363
<b>151</b>	Sian Bufton	F	UA	20	7	162	180	369
<b>42</b>	Helen Heaney	F	NSP	132	160	6	71	369

<b>49</b>	Kristy Wonders	F	NSP	138	48	180	3	369
<b>199</b>	Sian Salter	F	NSP	102	122	13	134	371
<b>222</b>	Michael Hindmarch	M	NSP	26	180	144	21	371
<b>203</b>	Claire McKitterick	F	Claremont	160	69	56	89	374
<b>105</b>	John Sutcliffe	M	NSP	160	55	141	20	376
<b>161</b>	Roy Young	M	NSP	97	52	180	49	378
<b>20</b>	Gordon Johnson	M	NSP	75	6	180	118	379
<b>202</b>	David Wotton	M	Claremont	106	78	105	90	379
<b>174</b>	David Tiplady	M	NSP	124	1	180	75	380
<b>106</b>	Ruth Sutcliffe	F	UA	160	76	131	14	381
<b>75</b>	Micheal Parkinson	M	NSP	160	4	180	38	382
<b>153</b>	Andy Thornton	M	UA	72	99	87	127	385
<b>116</b>	James Parkinson	M	NSP	56	134	180	17	387
<b>3</b>	Angela Gibson	F	NSP	160	89	106	34	389
<b>223</b>	Sarah Seymour	F	Gosforth	160	86	121	22	389
<b>102</b>	Katherine Davis	F	NSP	39	140	32	180	391
<b>178</b>	Peter Jackson	M	UA	78	180	1	133	392
<b>41</b>	Roger Mosedale	M	NSP	66	109	44	180	399
<b>100</b>	Darren Suleman	M	NSP	34	104	82	180	400
<b>172</b>	Maria Lovett Graham	F	NSP	160	94	127	19	400
<b>226</b>	Peter Atkinson	M	NSP	160	80	161	1	402
<b>66</b>	Holly Mansfield	F	NSP	145	17	62	180	404

<b>107</b>	Simon Gent	M	NSP	160	159	47	42	408
<b>50</b>	Ian Hearn	M	NSP	160	81	104	66	411
<b>48</b>	Jim Richardson	M	NSP	121	117	46	129	413
<b>87</b>	John Baty	M	NSP	25	90	180	119	414
<b>123</b>	Vicky Rowson	F	NSP	160	129	23	102	414
<b>54</b>	Brendan Abbott	M	NSP	160	155	63	37	415
<b>140</b>	Danny Richardson	M	NSP	160	67	115	74	416
<b>170</b>	Keith Patterson	M	NSP	109	42	180	86	417
<b>130</b>	Charlotte Penfold	F	NSP	22	180	180	36	418
<b>154</b>	Helen Riding	F	UA	160	108	9	142	419
<b>183</b>	Simon Wells	M	Jesmond Joggers	160	151	15	94	420
<b>67</b>	Angela Green	F	NSP	79	64	98	180	421
<b>51</b>	Joanne Watson	F	NSP	143	130	124	25	422
<b>24</b>	Michelle Thompson	F	NSP	53	72	120	180	425
<b>186</b>	Jenny Friend	F	Heaton	112	107	26	180	425
<b>209</b>	Richard Slack	M	Claremont	160	113	54	101	428
<b>9</b>	Neil Dick	M	NSP	160	28	119	123	430
<b>198</b>	John Sayer	M	NSP	87	180	160	4	431
<b>113</b>	Clare Swift	F	NSP	86	180	59	107	432
<b>12</b>	Adam Rowe	M	UA	101	98	57	180	436
<b>117</b>	Michelle Thomson	F	NSP	91	26	180	140	437
<b>62</b>	Elin Wallis	F	UA	105	46	180	108	439

<b>104</b>	Louise Hayes	F	NSP	160	92	89	98	439
<b>89</b>	David Quinn	M	NSP	160	20	84	180	444
<b>80</b>	Jonathon Heaney	M	NSP	160	57	151	76	444
<b>13</b>	Paul Fairney	M	NSP	42	44	180	180	446
<b>152</b>	Sonia Edmundson	F	UA	160	96	129	62	447
<b>185</b>	Jacquetta Groves	F	UA	139	154	100	55	448
<b>191</b>	Angela Kirtley	F	Gateshead	160	116	69	105	450
<b>28</b>	Doug Michael	M	Heaton	74	180	52	145	451
<b>63</b>	Adam Dixon	M	NSP	76	16	180	180	452
<b>108</b>	Susan Gent	F	NSP	160	158	10	125	453
<b>124</b>	Kate Hall	F	NSP	108	180	155	13	456
<b>68</b>	David Williams	M	NSP	60	180	107	110	457
<b>217</b>	Kris Whitelaw	M	NSP	113	27	138	180	458
<b>69</b>	Jake Hill	M	NSP	38	180	134	106	458
<b>213</b>	Julie Cross	F	Claremont	160	37	180	81	458
<b>40</b>	Nina Henry	F	NSP	116	138	27	180	461
<b>143</b>	Chris Snowball	M	Leeds	160	105	83	114	462
<b>118</b>	Stephen Head	M	NSP	160	41	180	83	464
<b>18</b>	Alison Berry	F	NSP	128	54	180	103	465
<b>121</b>	Paul Sherburn	M	NSP	111	125	50	180	466
<b>119</b>	Ian Ross	M	NSP	103	121	68	180	472
<b>167</b>	Salome Bolton	F	NSP	160	127	180	7	474



<b>163</b>	David Lopez	M	NSP	131	180	93	77	481
<b>211</b>	David Kear	M	Claremont	160	148	130	45	483
<b>137</b>	Abbie Cresswell	F	NSP	125	180	148	30	483
<b>114</b>	Colin Winter	M	NSP	115	180	180	12	487
<b>197</b>	David Wright	M	NSP	73	180	180	56	489
<b>228</b>	Ay Okpokam	F	Claremont	130	97	180	87	494
<b>37</b>	Rachel Carr	F	NSP	137	180	157	23	497
<b>14</b>	Paul Ridley	M	NSP	160	8	150	180	498
<b>39</b>	Anita Attala	F	NSP	160	153	180	8	501
<b>175</b>	Sarah Clarke	F	UA	141	91	91	180	503
<b>44</b>	Sammi Penn	F	NSP	160	180	136	27	503
<b>23</b>	James Thompson	M	NSP	70	157	99	180	506
<b>58</b>	Simon Penhall	M	NSP	160	63	180	104	507
<b>189</b>	Karen Nielsen	F	UA	134	40	180	154	508
<b>82</b>	Paul West	M	NSP	160	180	143	28	511
<b>53</b>	Philip Sellars	M	NSP	127	152	117	116	512
<b>76</b>	Joseph Mulroy	M	NSP	160	180	109	63	512
<b>32</b>	Ben Wilcox	M	NSP	160	180	111	61	512
<b>101</b>	David Gilmore	M	Heaton	68	87	180	180	515
<b>145</b>	Terry Robertson	F	UA	142	35	158	180	515
<b>173</b>	Lucy Milligan	F	UA	14	142	180	180	516
<b>52</b>	Louise Stewart	F	NSP	160	102	81	180	523

<b>208</b>	Anthony Liddle	M	Claremont	28	136	180	180	524
<b>10</b>	Andrew Philips	M	NSP	37	180	180	128	525
<b>187</b>	Colette Anderson	F	UA	129	180	135	82	526
<b>27</b>	Matt Fletcher	M	NSP	160	103	114	151	528
<b>224</b>	Darren Mcbain	M	Gosforth	160	112	78	180	530
<b>61</b>	Lorna Bishop	F	UA	144	137	71	180	532
<b>243</b>	Greg Penn	M	NSP	23	180	152	180	535
<b>201</b>	Paul Robinson	M	Claremont	31	180	146	180	537
<b>139</b>	Helen King	F	Morpeth Harriers	54	180	123	180	537
<b>216</b>	Tara McCully	F	Claremont	126	106	180	131	543
<b>47</b>	Paul Robertson	M	NSP	44	180	142	180	546
<b>73</b>	Alison Ainsley	F	NSP	160	180	180	29	549
<b>192</b>	Judith Archibold	F	Heaton	160	149	61	180	550
<b>17</b>	John Brettell	M	NSP	160	31	180	180	551
<b>159</b>	Greg Davis	M	UA	17	180	180	180	557
<b>188</b>	Heather Lambert	F	NSP	160	180	137	80	557
<b>219</b>	Lewis Timmins	M	Morpeth Harriers	160	95	180	126	561
<b>103</b>	Tommy Brannon	M	NSP	27	180	180	180	567
<b>179</b>	Michael Clemmetsen	M	UA	89	180	118	180	567
<b>36</b>	Rachel Inman	F	NSP	160	161	70	180	571
<b>193</b>	Heather Gould	F	NSP	140	180	72	180	572
<b>162</b>	Steph Taylor	F	UA	160	135	103	180	578

<b>212</b>	Nina Jensen	F	Claremont	160	180	126	117	583
<b>200</b>	Karen Nash	F	NSP	160	119	128	180	587
<b>180</b>	Andy Scurr	M	UA	160	70	180	180	590
<b>171</b>	Paul Simmons	M	NSP	93	180	180	143	596
<b>190</b>	Annette Hames	F	North East Vets	90	180	180	149	599
<b>207</b>	Kat Truong	F	Claremont	114	126	180	180	600
<b>184</b>	Kate Robson	F	Jesmond Joggers	61	180	180	180	601
<b>210</b>	Marie Slack	F	Claremont	160	131	180	130	601
<b>38</b>	Michael Kane	M	NSP	160	84	180	180	604
<b>142</b>	Caroline Lewis	F	NSP	98	180	180	146	604
<b>109</b>	Mark Small	M	NSP	100	145	180	180	605
<b>195</b>	Suzanne Tait	F	NSP	160	180	97	180	617
<b>6</b>	Hannah Lowes	F	NSP	119	180	139	180	618
<b>133</b>	Mike Harvey	M	NSP	160	128	180	150	618
<b>132</b>	Natasha Newson	F	NSP	160	143	180	135	618
<b>128</b>	Laura Greaves	F	UA	122	180	145	180	627
<b>1</b>	Fiona Wright	F	NSP	133	180	180	139	632
<b>131</b>	Colin Brown	M	NSP	160	180	180	112	632
<b>134</b>	David Crowe	M	NSP	94	180	180	180	634
<b>46</b>	Jonathan Jamison	M	NSP	95	180	180	180	635
<b>204</b>	Rose Hawkswood	F	Claremont	117	180	159	180	636
<b>74</b>	Ella Pike	F	NSP	160	180	180	122	642

<b>70</b>	Paul Dolphin	M	NSP	110	180	180	180	650
<b>229</b>	Gemma Frost	F	Gateshead	160	180	180	137	657
<b>11</b>	Andrew Dyson	M	NSP	135	164	180	180	659
<b>99</b>	Janine Routledge	F	Heaton	160	180	140	180	660
<b>138</b>	Mark Snowball	M	Morpeth Harriers	160	180	180	144	664
<b>148</b>	Janice Charlton	F	UA	160	180	180	153	673
<b>65</b>	Kerry Swindon	F	NSP	136	180	180	180	676
<b>4</b>	Lucy Craig	F	NSP	160	180	180	180	700
<b>16</b>	William Powis	M	NSP	160	180	180	180	700
<b>19</b>	Jill Clark	F	NSP	160	180	180	180	700
<b>22</b>	John Scott	M	NSP	160	180	180	180	700
<b>72</b>	Mel Carr	M	NSP	160	180	180	180	700
<b>83</b>	William Ewens	M	NSP	160	180	180	180	700
<b>84</b>	Alison Dixon	F	NSP	160	180	180	180	700
<b>90</b>	John Levison	M	NSP	160	180	180	180	700
<b>181</b>	Storm Smith	M	Jesmond Joggers	160	180	180	180	700
<b>221</b>	David Milton	M	NSP	160	180	180	180	700