

NOTAN GP7 Handicaps

12th March 7pm Start

Number	Athlete	Club	Handicap
151	Sian Bufton	UA	00:00:30
158	David Howe	UA	00:00:45
196	Fiona Barras	NSP	00:01:30
64	Anna Aldous	NSP	00:01:45
159	Greg Davis	UA	00:02:45
149	Anna Thornton	UA	00:04:00
166	Michelle Armstrong	NSP	00:04:15
74	Ella Pike	NSP	00:04:30
77	Kath Richards	NSP	00:04:30
55	Janice Mitcheson	NSP	00:04:30
147	Elaine Davies	UA	00:05:15
19	Jill Clark	NSP	00:05:30
173	Lucy Milligan	UA	00:05:45
227	Neil Wood	NSP	00:06:15
60	Jason Elliott	NSP	00:06:30
145	Terry Robertson	UA	00:06:30
194	Peter Donaghy	NSP	00:06:45
14	Paul Ridley	NSP	00:06:45
108	Susan Gent	NSP	00:07:00
168	Katie Hardy	NSP	00:07:00
167	Salome Bolton	NSP	00:07:00
148	Janice Charlton	UA	00:07:15
152	Sonia Edmundson	UA	00:07:15
52	Louise Stewart	NSP	00:07:30
200	Karen Nash	NSP	00:07:30
154	Helen Riding	UA	00:07:45
172	Maria Lovett Graham	NSP	00:07:45
162	Steph Taylor	UA	00:08:00
207	Kat Truong	Claremont	00:08:00
5	Lita Gill	NSP	00:08:15
59	Jess Hosie	UA	00:08:30
164	Jennie Doig	UA	00:08:30

193	Heather Gould	NSP	00:08:45
40	Nina Henry	NSP	00:08:45
160	Joanna Malia	UA	00:08:45
73	Alison Ainsley	NSP	00:08:45
125	Anabel Drought	NSP	00:08:45
11	Andrew Dyson	NSP	00:09:15
187	Colette Anderson	UA	00:09:15
175	Sarah Clarke	UA	00:09:15
25	Paul Walton	UA	00:09:30
72	Mel Carr	NSP	00:09:30
112	Lauren Bowden	NSP	00:09:30
34	Alison Chan	NSP	00:09:30
2	Kathy Seed	NSP	00:09:30
231	Lorna Bishop	UA	00:09:30
195	Suzanne Tait	NSP	00:09:45
66	Holly Mansfield	NSP	00:09:45
131	Colin Brown	NSP	00:09:45
4	Lucy Craig	NSP	00:10:00
210	Marie Slack	Claremont	00:10:00
1	Fiona Wright	NSP	00:10:00
189	Karen Nielsen	UA	00:10:00
211	David Kear	Claremont	00:10:15
185	Jacquetta Groves	UA	00:10:30
228	Ay Okpokam	Claremont	00:10:30
106	Ruth Sutcliffe	UA	00:10:30
65	Kerry Swindon	NSP	00:10:30
39	Anita Attala	NSP	00:10:45
53	Philip Sellars	NSP	00:10:45
156	Abigail Evans	NSP	00:10:45
51	Joanne Watson	NSP	00:11:00
137	Abbie Cresswell	NSP	00:11:00
124	Kate Hall	NSP	00:11:00
78	Claire Surrey	NSP	00:11:00
204	Rose Hawkswood	Claremont	00:11:00
132	Natasha Newson	NSP	00:11:15
37	Rachel Carr	NSP	00:11:15
18	Alison Berry	NSP	00:11:15

163	David Lopez	NSP	00:11:30
157	Michelle Alexander	UA	00:11:30
36	Rachel Inman	NSP	00:11:30
109	Mark Small	NSP	00:11:30
226	Peter Atkinson	NSP	00:11:45
155	Linda Bulfin	UA	00:11:45
199	Sian Salter	NSP	00:11:45
146	Hannah Robertson	UA	00:12:00
62	Elin Wallis	UA	00:12:00
17	John Brettell	NSP	00:12:15
174	David Tiplady	NSP	00:12:15
232	Alison Dixon	NSP	00:12:15
213	Julie Cross	Claremont	00:12:15
123	Vicky Rowson	NSP	00:12:15
186	Jenny Friend	Heaton	00:12:30
114	Colin Winter	NSP	00:12:30
192	Judith Archibold	Heaton	00:12:30
216	Tara McCully	Claremont	00:12:30
26	Sven Scheirig	NSP	00:12:45
8	Helen Lilley	NSP	00:12:45
119	Ian Ross	NSP	00:12:45
57	Gemma Thompson	NSP	00:12:45
144	Huw Parry	NSP	00:12:45
54	Brendan Abbott	NSP	00:12:45
217	Kris Whitelaw	NSP	00:12:45
3	Angela Gibson	NSP	00:12:45
128	Laura Greaves	UA	00:13:00
6	Hannah Lowes	NSP	00:13:00
133	Mike Harvey	NSP	00:13:00
50	Ian Hearn	NSP	00:13:00
33	Lesley Sinclair	NSP	00:13:00
99	Janine Routledge	Heaton	00:13:00
212	Nina Jensen	Claremont	00:13:15
191	Angela Kirtley	Gateshead	00:13:15
58	Simon Penhall	NSP	00:13:15

198	John Sayer	NSP	00:13:30
121	Paul Sherburn	NSP	00:13:30
71	John Laws	NSP	00:13:30
202	David Wotton	Claremont	00:13:30
7	Louise Coultate	NSP	00:13:30
120	Simon Dunn	NSP	00:13:30
117	Michelle Thomson	NSP	00:13:30
165	Mark Burgess	NSP	00:13:45
230	Caroline Lewis	NSP	00:13:45
44	Sammi Penn	NSP	00:13:45
170	Keith Patterson	NSP	00:13:45
203	Claire McKitterick	Claremont	00:13:45
42	Helen Heaney	NSP	00:13:45
107	Simon Gent	NSP	00:14:00
79	Mark Nash	NSP	00:14:00
45	Helen Ruth	NSP	00:14:00
49	Kristy Wonders	NSP	00:14:00
116	James Parkinson	NSP	00:14:15
215	David Devenie	Claremont	00:14:15
48	Jim Richardson	NSP	00:14:15
214	Sarah Bowen	Claremont	00:14:15
150	Paul Manning	UA	00:14:15
184	Kate Robson	Jesmond Joggers	00:14:15
12	Adam Rowe	UA	00:14:15
190	Annette Hames	North East Vets	00:14:30
188	Heather Lambert	NSP	00:14:30
88	Alan Haddon	NSP	00:14:45
46	Jonathan Jamison	NSP	00:14:45
41	Roger Mosedale	NSP	00:14:45
113	Clare Swift	NSP	00:14:45
183	Simon Wells	Jesmond Joggers	00:15:00
22	John Scott	NSP	00:15:00
181	Storm Smith	Jesmond Joggers	00:15:00
67	Angela Green	NSP	00:15:00
201	Paul Robinson	Claremont	00:15:00

93	Ruth Oldham	UA	00:15:15
171	Paul Simmons	NSP	00:15:15
178	Peter Jackson	UA	00:15:15
23	James Thompson	NSP	00:15:15
179	Michael Clemmetsen	UA	00:15:15
209	Richard Slack	Claremont	00:15:15
15	Alan Whitley	NSP	00:15:15
9	Neil Dick	NSP	00:15:30
234	Simon Ellis	NSP	00:15:30
20	Gordon Johnson	NSP	00:15:30
197	David Wright	NSP	00:15:30
31	Graham Hall	NSP	00:15:45
28	Doug Michael	Heaton	00:15:45
70	Paul Dolphin	NSP	00:15:45
122	Jonny Rowson	NSP	00:15:45
176	Simon Huntley	UA	00:15:45
110	Cheryl-Lee Louise Hall	NSP	00:15:45
127	Ivor Potter	NSP	00:16:00
136	Andy Fury	NSP	00:16:00
161	Roy Young	NSP	00:16:15
220	Martin Lloyd	Gosforth	00:16:15
47	Paul Robertson	NSP	00:16:15
101	David Gilmore	Heaton	00:16:15
16	William Powis	NSP	00:16:30
56	John Parker	NSP	00:16:30
206	David Lydall	Claremont	00:16:30
63	Adam Dixon	NSP	00:16:30
153	Andy Thornton	UA	00:16:30
118	Stephen Head	NSP	00:16:30
225	Alison Smith	NSP	00:16:30
21	Wendy Pawsey	NSP	00:16:30
241	Victoria Houghton	NSP	00:16:30
85	Paul Seed	NSP	00:16:30
35	Daren Harman	NA	00:16:45
75	Micheal Parkinson	NSP	00:16:45

177	Geoff Blair	Jesmond Joggers	00:17:00
68	David Williams	NSP	00:17:00
43	Simon Jamison	NSP	00:17:00
30	Jason Nash	NSP	00:17:15
32	Ben Wilcox	NSP	00:17:15
104	Louise Hayes	NSP	00:17:15
180	Andy Scurr	UA	00:17:15
105	John Sutcliffe	NSP	00:17:15
27	Matt Fletcher	NSP	00:17:30
24	Michelle Thompson	NSP	00:17:30
98	Carla Maley	NSP	00:17:30
90	John Levison	NSP	00:17:30
221	David Milton	NSP	00:17:30
10	Andrew Philips	NSP	00:17:30
139	Helen King	Morpeth Harriers	00:17:45
91	Ricky Davidson	NSP	00:17:45
100	Darren Suleman	NSP	00:17:45
141	David Stainthorpe	NSP	00:17:45
102	Katherine Davis	NSP	00:17:45
134	David Crowe	NSP	00:17:45
13	Paul Fairney	NSP	00:17:45
229	Gemma Frost	UA	00:18:00
111	Ivan Thorn	NSP	00:18:00
208	Anthony Liddle	Claremont	00:18:00
130	Charlotte Penfold	NSP	00:18:15
86	Richard Hanley	NSP	00:18:15
97	Sean Maley	NSP	00:18:15
29	Mike Taggart	UA	00:18:15
95	Chris Waite	NSP	00:18:15
38	Michael Kane	NSP	00:18:15
223	Sarah Seymour	Gosforth	00:18:30
89	David Quinn	NSP	00:18:30
126	Paddy Drought	NSP	00:18:45
69	Jake Hill	NSP	00:18:45
81	Steve Colby	NSP	00:18:45
94	Paul Harris	NSP	00:18:45
80	Jonathon Heaney	NSP	00:19:00

224	Darren Mcbain	Gosforth	00:19:15
87	John Baty	NSP	00:19:30
243	Greg Penn	NSP	00:19:30
140	Danny Richardson	NSP	00:20:00
103	Tommy Brannon	NSP	00:20:00
76	Joseph Mulroy	NSP	00:20:00
182	Jonny Law	Jesmond Joggers	00:20:00
143	Chris Snowball	Leeds	00:20:00
96	Tom Penfold	NSP	00:20:00
135	Michael Parkinson	NSP	00:20:15
222	Michael Hindmarch	NSP	00:20:30
82	Paul West	NSP	00:20:45
92	Andy Heppell	Gosforth	00:20:45
83	William Ewens	NSP	00:20:45
138	Mark Snowball	Morpeth Harriers	00:21:30
233	Lewis Timmins	Morpeth Harriers	00:21:45