

# NOTAN GP5 RESULTS

## Top 10 Female Athletes

Position	Number	Athlete	Club	Actual Time
1	223	Sarah Seymour	Gosforth	00:22:33
2	98	Carla Maley	NSP	00:23:38
3	241	Victoria Houghton	NSP	00:24:29
4	21	Wendy Pawsey	NSP	00:24:29
5	225	Alison Smith	NSP	00:24:30
6	110	Cheryl-Lee Louise Hall	NSP	00:24:44
7	99	Janine Routledge	Heaton	00:25:18
8	93	Ruth Oldham	UA	00:25:51
9	188	Heather Lambert	NSP	00:25:54
10	67	Angela Green	NSP	00:26:00

## Top 10 Male Athletes

Position	Number	Athlete	Club	Actual Time
1	138	Mark Snowball	Morpeth Harriers	00:19:37
2	92	Andy Heppell	Gosforth	00:20:12
3	135	Michael Parkinson	NSP	00:20:21
4	82	Paul West	NSP	00:20:22
5	222	Michael Hindmarch	NSP	00:20:30
6	182	Jonny Law	Jesmond Joggers	00:20:48
7	76	Joseph Mulroy	NSP	00:21:00
8	140	Danny Richardson	NSP	00:21:09
9	80	Jonathon Heaney	NSP	00:21:25
10	29	Mike Taggart	UA	00:21:36

## GP5 Results

Position	Number	Athlete	Gender	Club	Actual Time
1	64	Anna Aldous	F	NSP	00:39:58
2	232	Alison Dixon	F	NSP	00:28:50
3	94	Paul Harris	M	NSP	00:22:45
4	17	John Brettell	M	NSP	00:28:54
5	151	Sian Bufton	F	UA	00:40:30
6	138	Mark Snowball	M	Morpeth Harriers	00:19:37
7	28	Doug Michael	M	Heaton	00:25:25
8	125	Anabel Drought	F	NSP	00:32:45
9	145	Terry Robertson	F	UA	00:33:37
10	12	Adam Rowe	M	UA	00:25:44
11	46	Jonathan Jamison	M	NSP	00:26:20
12	126	Paddy Drought	M	NSP	00:22:53
13	27	Matt Fletcher	M	NSP	00:25:12
14	165	Mark Burgess	M	NSP	00:26:20
15	121	Paul Sherburn	M	NSP	00:26:51
16	146	Hannah Robertson	F	UA	00:28:24
17	18	Alison Berry	F	NSP	00:29:40
18	216	Tara McCully	F	Claremont	00:28:40
19	210	Marie Slack	F	Claremont	00:31:11
20	197	David Wright	M	NSP	00:25:26
21	202	David Wotton	M	Claremont	00:27:42
22	39	Anita Attala	F	NSP	00:29:00
23	127	Ivor Potter	M	NSP	00:24:00
24	128	Laura Greaves	F	UA	00:28:18
25	178	Peter Jackson	M	UA	00:25:49
26	230	Caroline Lewis	F	NSP	00:27:20
27	53	Philip Sellars	M	NSP	00:30:06
28	201	Paul Robinson	M	Claremont	00:22:52
29	158	David Howe	M	UA	00:40:10
30	3	Angela Gibson	F	NSP	00:28:11
31	192	Judith Archibold	F	Heaton	00:28:27
32	162	Steph Taylor	F	UA	00:33:42
33	50	Ian Hearn	M	NSP	00:27:43
34	185	Jacquetta Groves	F	UA	00:29:59
35	26	Sven Scheirig	M	NSP	00:30:14
36	190	Annette Hames	F	North East Vets	00:27:01
37	160	Joanna Malia	F	UA	00:31:47
38	86	Richard Hanley	M	NSP	00:22:48
39	213	Julie Cross	F	Claremont	00:28:05
40	148	Janice Charlton	F	UA	00:33:51
41	116	James Parkinson	M	NSP	00:25:07

42	35	Daren Harman	M	NA	00:23:38
43	204	Rose Hawkswood	F	Claremont	00:32:09
44	231	Lorna Bishop	F	UA	00:31:25
45	191	Angela Kirtley	F	Gateshead	00:27:41
46	209	Richard Slack	M	Claremont	00:25:58
47	79	Mark Nash	M	NSP	00:23:59
48	34	Alison Chan	F	NSP	00:31:29
49	170	Keith Patterson	M	NSP	00:27:15
50	225	Alison Smith	F	NSP	00:24:30
51	30	Jason Nash	M	NSP	00:24:01
52	176	Simon Huntley	M	UA	00:24:01
53	68	David Williams	M	NSP	00:24:32
54	57	Gemma Thompson	F	NSP	00:28:18
55	91	Ricky Davidson	M	NSP	00:23:49
56	44	Sammi Penn	F	NSP	00:27:19
57	77	Kath Richards	F	NSP	00:36:05
58	228	Ay Okpokam	F	Claremont	00:30:38
59	140	Danny Richardson	M	NSP	00:21:09
60	122	Jonny Rowson	M	NSP	00:24:54
61	113	Clare Swift	F	NSP	00:26:10
62	95	Chris Waite	M	NSP	00:22:25
63	45	Helen Ruth	F	NSP	00:26:56
64	199	Sian Salter	F	NSP	00:29:11
65	111	Ivan Thorn	M	NSP	00:22:56
66	200	Karen Nash	F	NSP	00:33:27
67	92	Andy Heppell	M	Gosforth	00:20:12
68	175	Sarah Clarke	F	UA	00:31:43
69	5	Lita Gill	F	NSP	00:31:13
70	73	Alison Ainsley	F	NSP	00:30:29
71	196	Fiona Barras	F	NSP	00:39:14
72	110	Cheryl-Lee Louise Hall	F	NSP	00:24:44
73	76	Joseph Mulroy	M	NSP	00:21:00
74	222	Michael Hindmarch	M	NSP	00:20:30
75	155	Linda Bulfin	F	UA	00:29:31
76	157	Michelle Alexander	F	UA	00:29:31
77	179	Michael Clemmetsen	M	UA	00:25:32
78	189	Karen Nielsen	F	UA	00:31:03
79	223	Sarah Seymour	F	Gosforth	00:22:33
80	7	Louise Coultate	F	NSP	00:27:34
81	156	Abigail Evans	F	NSP	00:29:34
82	183	Simon Wells	M	Jesmond Joggers	00:24:05
83	1	Fiona Wright	F	NSP	00:31:05
84	153	Andy Thornton	M	UA	00:24:50
85	203	Claire McKittrick	F	Claremont	00:27:21

<b>86</b>	135	Michael Parkinson	M	NSP	00:20:21
<b>87</b>	71	John Laws	M	NSP	00:27:22
<b>88</b>	75	Micheal Parkinson	M	NSP	00:24:22
<b>89</b>	78	Claire Surrey	F	NSP	00:30:08
<b>90</b>	188	Heather Lambert	F	NSP	00:25:54
<b>91</b>	2	Kathy Seed	F	NSP	00:31:25
<b>92</b>	58	Simon Penhall	M	NSP	00:27:40
<b>93</b>	144	Huw Parry	M	NSP	00:25:26
<b>94</b>	8	Helen Lilley	F	NSP	00:27:58
<b>95</b>	141	David Stainthorpe	M	NSP	00:23:15
<b>96</b>	67	Angela Green	F	NSP	00:26:00
<b>97</b>	42	Helen Heaney	F	NSP	00:27:32
<b>98</b>	182	Jonny Law	M	Jesmond Joggers	00:20:48
<b>99</b>	211	David Kear	M	Claremont	00:29:33
<b>100</b>	214	Sarah Bowen	F	Claremont	00:26:51
<b>101</b>	29	Mike Taggart	M	UA	00:21:36
<b>102</b>	82	Paul West	M	NSP	00:20:22
<b>103</b>	224	Darren Mcbain	M	Gosforth	00:21:52
<b>104</b>	33	Lesley Sinclair	F	NSP	00:27:23
<b>105</b>	4	Lucy Craig	F	NSP	00:31:08
<b>106</b>	105	John Sutcliffe	M	NSP	00:24:09
<b>107</b>	80	Jonathon Heaney	M	NSP	00:21:25
<b>108</b>	220	Martin Lloyd	M	Gosforth	00:23:26
<b>109</b>	161	Roy Young	M	NSP	00:24:57
<b>110</b>	120	Simon Dunn	M	NSP	00:27:27
<b>111</b>	241	Victoria Houghton	F	NSP	00:24:29
<b>112</b>	21	Wendy Pawsey	F	NSP	00:24:29
<b>113</b>	100	Darren Suleman	M	NSP	00:23:00
<b>114</b>	163	David Lopez	M	NSP	00:30:16
<b>115</b>	149	Anna Thornton	F	UA	00:37:32
<b>116</b>	99	Janine Routledge	F	Heaton	00:25:18
<b>117</b>	89	David Quinn	M	NSP	00:22:04
<b>118</b>	124	Kate Hall	F	NSP	00:30:06
<b>119</b>	97	Sean Maley	M	NSP	00:23:37
<b>120</b>	98	Carla Maley	F	NSP	00:23:38
<b>121</b>	15	Alan Whitley	M	NSP	00:25:54
<b>122</b>	55	Janice Mitcheson	F	NSP	00:35:10
<b>123</b>	52	Louise Stewart	F	NSP	00:33:55
<b>124</b>	212	Nina Jensen	F	Claremont	00:28:56
<b>125</b>	131	Colin Brown	M	NSP	00:31:11
<b>126</b>	152	Sonia Edmundson	F	UA	00:35:29
<b>127</b>	136	Andy Fury	M	NSP	00:25:01
<b>128</b>	168	Katie Hardy	F	NSP	00:34:02
<b>129</b>	177	Geoff Blair	M	Jesmond Joggers	00:25:18

<b>130</b>	106	Ruth Sutcliffe	F	UA	00:30:41
<b>131</b>	49	Kristy Wonders	F	NSP	00:27:29
<b>132</b>	174	David Tiplady	M	NSP	00:30:19
<b>133</b>	137	Abbie Cresswell	F	NSP	00:30:07
<b>134</b>	123	Vicky Rowson	F	NSP	00:30:23
<b>135</b>	193	Heather Gould	F	NSP	00:32:24
<b>136</b>	171	Paul Simmons	M	NSP	00:26:55
<b>137</b>	74	Ella Pike	F	NSP	00:33:46
<b>138</b>	206	David Lydall	M	Claremont	00:24:54
<b>139</b>	198	John Sayer	M	NSP	00:27:39
<b>140</b>	54	Brendan Abbott	M	NSP	00:29:28
<b>141</b>	81	Steve Colby	M	NSP	00:24:14
<b>142</b>	186	Jenny Friend	F	Heaton	00:29:07
<b>143</b>	147	Elaine Davies	F	UA	00:35:53
<b>144</b>	108	Susan Gent	F	NSP	00:34:08
<b>145</b>	101	David Gilmore	M	Heaton	00:26:01
<b>146</b>	167	Salome Bolton	F	NSP	00:36:50
<b>147</b>	227	Neil Wood	M	NSP	00:36:36
<b>148</b>	60	Jason Elliott	M	NSP	00:36:25
<b>149</b>	32	Ben Wilcox	M	NSP	00:24:47
<b>150</b>	154	Helen Riding	F	UA	00:34:19
<b>151</b>	194	Peter Donaghy	M	NSP	00:34:20
<b>152</b>	159	Greg Davis	M	UA	00:38:23
<b>153</b>	43	Simon Jamison	M	NSP	00:26:21
<b>154</b>	93	Ruth Oldham	F	UA	00:25:51
<b>155</b>	226	Peter Atkinson	M	NSP	00:29:24
<b>156</b>	217	Kris Whitelaw	M	NSP	00:28:14
<b>157</b>	114	Colin Winter	M	NSP	00:30:14
<b>158</b>	40	Nina Henry	F	NSP	00:32:21
<b>159</b>	207	Kat Truong	F	Claremont	00:32:57
<b>160</b>	133	Mike Harvey	M	NSP	00:30:29