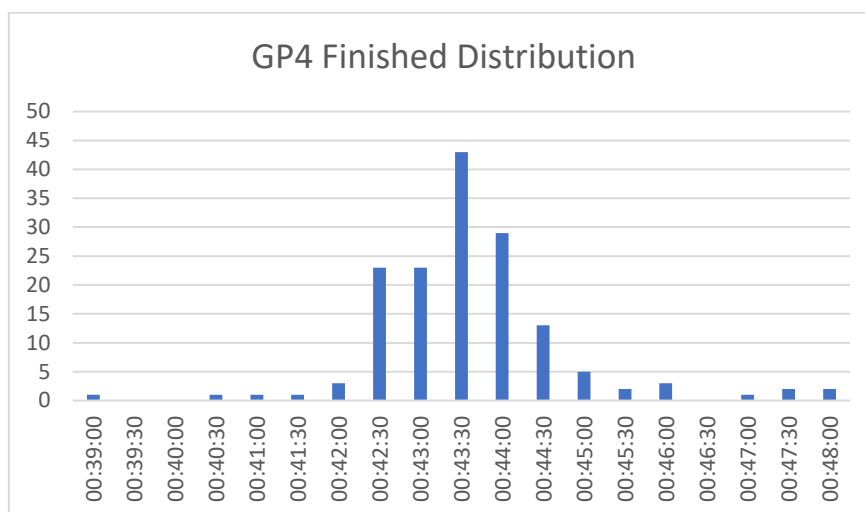


NOTAN GP4 Results



Top 10 Female Athletes

Position	Number	Athlete	Club	Time
1	130	Charlotte Penfold	NSP	00:20:37
2	223	Sarah Seymour	Gosforth	00:22:36
3	229	Gemma Frost	UA	00:23:02
4	98	Carla Maley	NSP	00:23:04
5	93	Ruth Oldham	UA	00:23:23
6	104	Louise Hayes	NSP	00:23:45
7	241	Victoria Houghton	NSP	00:24:09
8	21	Wendy Pawsey	NSP	00:24:10
9	110	Cheryl-Lee Louise Hall	NSP	00:24:50
10	225	Alison Smith	NSP	00:24:57

Top 10 Male Athletes

Position	Number	Athlete	Club	Time
1	219	Lewis Timmins	Morpeth Harriers	00:19:26
2	82	Paul West	NSP	00:20:12
3	135	Michael Parkinson	NSP	00:20:14
4	222	Michael Hindmarch	NSP	00:20:35
5	143	Chris Snowball	Leeds	00:20:59
6	76	Joseph Mulroy	NSP	00:21:07
7	80	Jonathon Heaney	NSP	00:21:12
8	138	Mark Snowball	Morpeth Harriers	00:21:14
9	29	Mike Taggart	UA	00:21:22
10	140	Danny Richardson	NSP	00:21:26

Note: Due to being a new route the top times are technically a course record



Full Results

Position	Number	Athlete	Gender	Club	Actual Time
1	226	Peter Atkinson	M	NSP	00:26:50
2	88	Alan Haddon	M	NSP	00:26:21
3	49	Kristy Wonders	F	NSP	00:26:36
4	198	John Sayer	M	NSP	00:26:23
5	242	Simon Ellis	M	NSP	00:24:30
6	147	Elaine Davies	F	UA	00:34:22
7	167	Salome Bolton	F	NSP	00:34:58
8	39	Anita Attala	F	NSP	00:29:48
9	33	Lesley Sinclair	F	NSP	00:27:04
11	120	Simon Dunn	M	NSP	00:27:06
12	114	Colin Winter	M	NSP	00:27:53
13	124	Kate Hall	F	NSP	00:29:42
14	106	Ruth Sutcliffe	F	UA	00:29:43
15	135	Michael Parkinson	M	NSP	00:20:14
16	157	Michelle Alexander	F	UA	00:29:30
17	116	James Parkinson	M	NSP	00:25:31
18	34	Alison Chan	F	NSP	00:31:48
19	172	Maria Lovett Graham	F	NSP	00:33:19
20	105	John Sutcliffe	M	NSP	00:23:49
21	222	Michael Hindmarch	M	NSP	00:20:35
22	223	Sarah Seymour	F	Gosforth	00:22:36
23	37	Rachel Carr	F	NSP	00:29:51
24	144	Huw Parry	M	NSP	00:25:22
25	51	Joanne Watson	F	NSP	00:30:08
26	146	Hannah Robertson	F	UA	00:29:24
27	44	Sammi Penn	F	NSP	00:27:40
28	82	Paul West	M	NSP	00:20:12
29	73	Alison Ainsley	F	NSP	00:30:28
30	137	Abbie Cresswell	F	NSP	00:28:58
31	156	Abigail Evans	F	NSP	00:29:30
32	86	Richard Hanley	M	NSP	00:23:18
33	7	Louise Coultate	F	NSP	00:27:34
34	3	Angela Gibson	F	NSP	00:28:49
35	127	Ivor Potter	M	NSP	00:24:51
36	130	Charlotte Penfold	F	NSP	00:20:37
37	54	Brendan Abbott	M	NSP	00:28:08
38	75	Micheal Parkinson	M	NSP	00:24:24
39	194	Peter Donaghy	M	NSP	00:32:11
40	77	Kath Richards	F	NSP	00:36:27

41	177	Geoff Blair	M	Jesmond Joggers	00:24:29
42	107	Simon Gent	M	NSP	00:27:04
43	55	Janice Mitcheson	F	NSP	00:34:36
44	29	Mike Taggart	M	UA	00:21:22
45	211	David Kear	M	Claremont	00:29:23
46	196	Fiona Barras	F	NSP	00:39:24
47	214	Sarah Bowen	F	Claremont	00:26:39
48	21	Wendy Pawsey	F	NSP	00:24:10
49	161	Roy Young	M	NSP	00:24:40
50	95	Chris Waite	M	NSP	00:22:41
51	168	Katie Hardy	F	NSP	00:33:27
52	78	Claire Surrey	F	NSP	00:29:58
53	8	Helen Lilley	F	NSP	00:27:44
54	31	Graham Hall	M	NSP	00:22:59
55	185	Jacquetta Groves	F	UA	00:30:30
56	197	David Wright	M	NSP	00:26:15
57	150	Paul Manning	M	UA	00:23:47
58	57	Gemma Thompson	F	NSP	00:28:33
59	45	Helen Ruth	F	NSP	00:27:04
60	43	Simon Jamison	M	NSP	00:23:50
61	32	Ben Wilcox	M	NSP	00:22:51
62	152	Sonia Edmundson	F	UA	00:34:51
63	76	Joseph Mulroy	M	NSP	00:21:07
64	227	Neil Wood	M	NSP	00:34:52
65	215	David Devenie	M	Claremont	00:25:38
66	50	Ian Hearn	M	NSP	00:28:23
67	122	Jonny Rowson	M	NSP	00:25:08
68	5	Lita Gill	F	NSP	00:31:24
69	241	Victoria Houghton	F	NSP	00:24:09
70	26	Sven Scheirig	M	NSP	00:30:55
71	42	Helen Heaney	F	NSP	00:27:25
72	164	Jennie Doig	F	UA	00:32:41
73	176	Simon Huntley	M	UA	00:24:26
74	140	Danny Richardson	M	NSP	00:21:26
75	174	David Tiplady	M	NSP	00:29:27
76	80	Jonathon Heaney	M	NSP	00:21:12
77	163	David Lopez	M	NSP	00:29:43
78	15	Alan Whitley	M	NSP	00:25:29
79	81	Steve Colby	M	NSP	00:22:44
80	188	Heather Lambert	F	NSP	00:25:45
81	213	Julie Cross	F	Claremont	00:28:32
82	187	Colette Anderson	F	UA	00:30:17
83	118	Stephen Head	M	NSP	00:24:33
84	98	Carla Maley	F	NSP	00:23:04

85	110	Cheryl-Lee Louise Hall	F	NSP	00:24:50
86	170	Keith Patterson	M	NSP	00:27:36
87	228	Ay Okpokam	F	Claremont	00:30:51
88	158	David Howe	M	UA	00:40:52
89	203	Claire McKitterick	F	Claremont	00:27:07
90	202	David Wotton	M	Claremont	00:28:38
91	93	Ruth Oldham	F	UA	00:23:23
92	111	Ivan Thorn	M	NSP	00:23:09
93	220	Martin Lloyd	M	Gosforth	00:23:09
94	183	Simon Wells	M	Jesmond Joggers	00:24:10
95	85	Paul Seed	M	NSP	00:24:26
96	225	Alison Smith	F	NSP	00:24:57
97	35	Daren Harman	M	NA	00:23:59
98	104	Louise Hayes	F	NSP	00:23:45
99	155	Linda Bulfin	F	UA	00:29:31
100	112	Lauren Bowden	F	NSP	00:31:47
101	209	Richard Slack	M	Claremont	00:26:18
102	123	Vicky Rowson	F	NSP	00:29:20
103	18	Alison Berry	F	NSP	00:30:36
104	58	Simon Penhall	M	NSP	00:27:37
105	191	Angela Kirtley	F	Gateshead	00:28:08
106	69	Jake Hill	M	NSP	00:22:24
107	113	Clare Swift	F	NSP	00:26:25
108	62	Elin Wallis	F	UA	00:28:55
109	91	Ricky Davidson	M	NSP	00:24:11
110	68	David Williams	M	NSP	00:24:57
111	160	Joanna Malia	F	UA	00:32:27
112	131	Colin Brown	M	NSP	00:30:59
113	79	Mark Nash	M	NSP	00:24:14
114	143	Chris Snowball	M	Leeds	00:20:59
115	166	Michelle Armstrong	F	NSP	00:34:30
116	53	Philip Sellars	M	NSP	00:30:46
117	212	Nina Jensen	F	Claremont	00:28:17
118	20	Gordon Johnson	M	NSP	00:25:32
119	87	John Baty	M	NSP	00:21:33
120	30	Jason Nash	M	NSP	00:24:19
121	136	Andy Fury	M	NSP	00:24:20
122	74	Ella Pike	F	NSP	00:32:36
123	9	Neil Dick	M	NSP	00:23:36
124	149	Anna Thornton	F	UA	00:37:07
125	108	Susan Gent	F	NSP	00:32:38
126	219	Lewis Timmins	M	Morpeth Harriers	00:19:26

127	153	Andy Thornton	M	UA	00:24:48
128	10	Andrew Philips	M	NSP	00:23:19
129	48	Jim Richardson	M	NSP	00:26:51
130	210	Marie Slack	F	Claremont	00:32:07
131	216	Tara McCully	F	Claremont	00:29:37
132	94	Paul Harris	M	NSP	00:26:11
133	178	Peter Jackson	M	UA	00:26:41
134	199	Sian Salter	F	NSP	00:29:14
135	132	Natasha Newson	F	NSP	00:31:00
136	141	David Stainthorpe	M	NSP	00:23:01
137	229	Gemma Frost	F	UA	00:23:02
138	165	Mark Burgess	M	NSP	00:27:10
139	1	Fiona Wright	F	NSP	00:30:59
140	117	Michelle Thomson	F	NSP	00:28:04
141	71	John Laws	M	NSP	00:27:21
142	154	Helen Riding	F	UA	00:25:38
143	171	Paul Simmons	M	NSP	00:25:53
144	138	Mark Snowball	M	Morpeth Harriers	00:21:14
145	28	Doug Michael	M	Heaton	00:27:04
146	142	Caroline Lewis	F	NSP	00:27:59
147	125	Anabel Drought	F	NSP	00:34:16
148	97	Sean Maley	M	NSP	00:23:59
149	190	Annette Hames	F	North East Vets	00:27:33
150	133	Mike Harvey	M	NSP	00:28:43
151	27	Matt Fletcher	M	NSP	00:26:27
152	126	Paddy Drought	M	NSP	00:23:58
153	148	Janice Charlton	F	UA	00:34:15
154	189	Karen Nielsen	F	UA	00:31:08
155	64	Anna Aldous	F	NSP	00:48:20