

## NOTAN GP3 Results

### Top 10 Female Athletes

| Position | Number | Athlete                | Club             | Actual Time |
|----------|--------|------------------------|------------------|-------------|
| 1        | 98     | Carla Maley            | NSP              | 00:22:48    |
| 2        | 93     | Ruth Oldham            | UA               | 00:23:00    |
| 3        | 102    | Katherine Davis        | NSP              | 00:23:13    |
| 4        | 223    | Sarah Seymour          | Gosforth         | 00:23:18    |
| 5        | 139    | Helen King             | Morpeth Harriers | 00:23:21    |
| 6        | 104    | Louise Hayes           | NSP              | 00:23:25    |
| 7        | 24     | Michelle Thompson      | NSP              | 00:23:47    |
| 8        | 241    | Victoria Houghton      | NSP              | 00:24:11    |
| 9        | 21     | Wendy Pawsey           | NSP              | 00:24:15    |
| 10       | 110    | Cheryl-Lee Louise Hall | NSP              | 00:24:28    |

### Top 10 Male Athletes

| Position | Number | Athlete           | Club            | Actual Time |
|----------|--------|-------------------|-----------------|-------------|
| 1        | 92     | Andy Heppell      | Gosforth        | 00:20:13    |
| 2        | 143    | Chris Snowball    | Leeds           | 00:20:34    |
| 3        | 182    | Jonny Law         | Jesmond Joggers | 00:20:39    |
| 4        | 82     | Paul West         | NSP             | 00:20:46    |
| 5        | 96     | Tom Penfold       | NSP             | 00:20:57    |
| 6        | 135    | Michael Parkinson | NSP             | 00:20:58    |
| 7        | 76     | Joseph Mulroy     | NSP             | 00:21:08    |
| 8        | 140    | Danny Richardson  | NSP             | 00:21:13    |
| 9        | 222    | Michael Hindmarch | NSP             | 00:21:18    |
| 10       | 97     | Sean Maley        | NSP             | 00:21:25    |

## NOTAN GP3 Results

| Position | Number | Athlete            | Gender | Club            | Actual Time |
|----------|--------|--------------------|--------|-----------------|-------------|
| 1        | 178    | Peter Jackson      | M      | UA              | 00:25:29    |
| 2        | 111    | Ivan Thorn         | M      | NSP             | 00:22:56    |
| 3        | 26     | Sven Scheirig      | M      | NSP             | 00:30:54    |
| 4        | 157    | Michelle Alexander | F      | UA              | 00:30:19    |
| 5        | 146    | Hannah Robertson   | F      | UA              | 00:30:11    |
| 6        | 42     | Helen Heaney       | F      | NSP             | 00:27:27    |
| 7        | 25     | Paul Walton        | M      | UA              | 00:32:01    |
| 8        | 71     | John Laws          | M      | NSP             | 00:25:47    |
| 9        | 154    | Helen Riding       | F      | UA              | 00:31:18    |
| 10       | 108    | Susan Gent         | F      | NSP             | 00:31:53    |
| 11       | 136    | Andy Fury          | M      | NSP             | 00:23:29    |
| 12       | 160    | Joanna Malia       | F      | UA              | 00:31:47    |
| 13       | 199    | Sian Salter        | F      | NSP             | 00:27:58    |
| 14       | 55     | Janice Mitcheson   | F      | NSP             | 00:34:44    |
| 15       | 183    | Simon Wells        | M      | Jesmond Joggers | 00:23:48    |
| 16       | 127    | Ivor Potter        | M      | NSP             | 00:25:21    |
| 17       | 2      | Kathy Seed         | F      | NSP             | 00:31:13    |
| 18       | 165    | Mark Burgess       | M      | NSP             | 00:25:44    |
| 19       | 112    | Lauren Bowden      | F      | NSP             | 00:31:14    |
| 20       | 88     | Alan Haddon        | M      | NSP             | 00:29:00    |
| 21       | 79     | Mark Nash          | M      | NSP             | 00:23:30    |
| 22       | 125    | Anabel Drought     | F      | NSP             | 00:31:47    |
| 23       | 123    | Vicky Rowson       | F      | NSP             | 00:28:48    |
| 24       | 194    | Peter Donaghy      | M      | NSP             | 00:32:37    |
| 25       | 122    | Jonny Rowson       | M      | NSP             | 00:25:08    |
| 26       | 186    | Jenny Friend       | F      | Heaton          | 00:27:39    |
| 27       | 40     | Nina Henry         | F      | NSP             | 00:28:25    |
| 28       | 97     | Sean Maley         | M      | NSP             | 00:21:25    |
| 29       | 168    | Katie Hardy        | F      | NSP             | 00:34:11    |
| 30       | 96     | Tom Penfold        | M      | NSP             | 00:20:57    |
| 31       | 30     | Jason Nash         | M      | NSP             | 00:23:42    |
| 32       | 102    | Katherine Davis    | F      | NSP             | 00:23:13    |
| 33       | 126    | Paddy Drought      | M      | NSP             | 00:22:44    |
| 34       | 21     | Wendy Pawsey       | F      | NSP             | 00:24:15    |
| 35       | 33     | Lesley Sinclair    | F      | NSP             | 00:28:16    |
| 36       | 29     | Mike Taggart       | M      | UA              | 00:21:32    |
| 37       | 176    | Simon Huntley      | M      | UA              | 00:24:17    |
| 38       | 57     | Gemma Thompson     | F      | NSP             | 00:28:32    |
| 39       | 45     | Helen Ruth         | F      | NSP             | 00:27:03    |
| 40       | 220    | Martin Lloyd       | M      | Gosforth        | 00:22:49    |

|    |     |                        |   |           |          |
|----|-----|------------------------|---|-----------|----------|
| 41 | 56  | John Parker            | M | NSP       | 00:24:35 |
| 42 | 206 | David Lydall           | M | Claremont | 00:23:36 |
| 43 | 155 | Linda Bulfin           | F | UA        | 00:29:07 |
| 44 | 41  | Roger Mosedale         | M | NSP       | 00:24:52 |
| 45 | 141 | David Stainthorpe      | M | NSP       | 00:21:53 |
| 46 | 48  | Jim Richardson         | M | NSP       | 00:25:54 |
| 47 | 107 | Simon Gent             | M | NSP       | 00:27:24 |
| 48 | 7   | Louise Coultate        | F | NSP       | 00:28:10 |
| 49 | 241 | Victoria Houghton      | F | NSP       | 00:24:11 |
| 50 | 121 | Paul Sherburn          | M | NSP       | 00:27:57 |
| 51 | 64  | Anna Aldous            | F | NSP       | 00:37:27 |
| 52 | 28  | Doug Michael           | M | Heaton    | 00:24:57 |
| 53 | 110 | Cheryl-Lee Louise Hall | F | NSP       | 00:24:28 |
| 54 | 209 | Richard Slack          | M | Claremont | 00:25:43 |
| 55 | 81  | Steve Colby            | M | NSP       | 00:22:28 |
| 56 | 203 | Claire McKitterick     | F | Claremont | 00:26:44 |
| 57 | 12  | Adam Rowe              | M | UA        | 00:26:59 |
| 58 | 86  | Richard Hanley         | M | NSP       | 00:23:45 |
| 59 | 113 | Clare Swift            | F | NSP       | 00:25:45 |
| 60 | 95  | Chris Waite            | M | NSP       | 00:22:46 |
| 61 | 192 | Judith Archibold       | F | Heaton    | 00:29:02 |
| 62 | 66  | Holly Mansfield        | F | NSP       | 00:31:18 |
| 63 | 54  | Brendan Abbott         | M | NSP       | 00:28:34 |
| 64 | 129 | Alison Smith           | F | NSP       | 00:24:35 |
| 65 | 15  | Alan Whitley           | M | NSP       | 00:25:21 |
| 66 | 85  | Paul Seed              | M | NSP       | 00:24:06 |
| 67 | 214 | Sarah Bowen            | F | Claremont | 00:26:52 |
| 68 | 119 | Ian Ross               | M | NSP       | 00:27:07 |
| 69 | 191 | Angela Kirtley         | F | Gateshead | 00:27:38 |
| 70 | 36  | Rachel Inman           | F | NSP       | 00:28:54 |
| 71 | 61  | Lorna Bishop           | F | UA        | 00:31:55 |
| 72 | 193 | Heather Gould          | F | NSP       | 00:31:27 |
| 73 | 43  | Simon Jamison          | M | NSP       | 00:23:43 |
| 74 | 31  | Graham Hall            | M | NSP       | 00:22:59 |
| 75 | 78  | Claire Surrey          | F | NSP       | 00:29:59 |
| 76 | 215 | David Devenie          | M | Claremont | 00:25:30 |
| 77 | 93  | Ruth Oldham            | F | UA        | 00:23:00 |
| 78 | 224 | Darren Mcbain          | M | Gosforth  | 00:21:31 |
| 79 | 5   | Lita Gill              | F | NSP       | 00:31:16 |
| 80 | 35  | Daren Harman           | M | NA        | 00:23:32 |
| 81 | 52  | Louise Stewart         | F | NSP       | 00:33:18 |
| 82 | 100 | Darren Suleman         | M | NSP       | 00:22:33 |
| 83 | 143 | Chris Snowball         | M | Leeds     | 00:20:34 |
| 84 | 89  | David Quinn            | M | NSP       | 00:21:36 |

|            |     |                     |   |                  |          |
|------------|-----|---------------------|---|------------------|----------|
| <b>85</b>  | 91  | Ricky Davidson      | M | NSP              | 00:23:37 |
| <b>86</b>  | 60  | Jason Elliott       | M | NSP              | 00:34:38 |
| <b>87</b>  | 153 | Andy Thornton       | M | UA               | 00:23:53 |
| <b>88</b>  | 164 | Jennie Doig         | F | UA               | 00:32:39 |
| <b>89</b>  | 104 | Louise Hayes        | F | NSP              | 00:23:25 |
| <b>90</b>  | 8   | Helen Lilley        | F | NSP              | 00:27:56 |
| <b>91</b>  | 175 | Sarah Clarke        | F | UA               | 00:31:56 |
| <b>92</b>  | 166 | Michelle Armstrong  | F | NSP              | 00:33:57 |
| <b>93</b>  | 163 | David Lopez         | M | NSP              | 00:29:42 |
| <b>94</b>  | 92  | Andy Heppell        | M | Gosforth         | 00:20:13 |
| <b>95</b>  | 120 | Simon Dunn          | M | NSP              | 00:28:13 |
| <b>96</b>  | 169 | Neil Wood           | M | NSP              | 00:34:44 |
| <b>97</b>  | 195 | Suzanne Tait        | F | NSP              | 00:29:29 |
| <b>98</b>  | 67  | Angela Green        | F | NSP              | 00:25:45 |
| <b>99</b>  | 23  | James Thompson      | M | NSP              | 00:25:46 |
| <b>100</b> | 185 | Jacquetta Groves    | F | UA               | 00:30:32 |
| <b>101</b> | 98  | Carla Maley         | F | NSP              | 00:22:48 |
| <b>102</b> | 34  | Alison Chan         | F | NSP              | 00:32:33 |
| <b>103</b> | 162 | Steph Taylor        | F | UA               | 00:34:19 |
| <b>104</b> | 50  | Ian Hearn           | M | NSP              | 00:28:20 |
| <b>105</b> | 202 | David Wotton        | M | Claremont        | 00:28:20 |
| <b>106</b> | 3   | Angela Gibson       | F | NSP              | 00:29:21 |
| <b>107</b> | 68  | David Williams      | M | NSP              | 00:24:22 |
| <b>108</b> | 59  | Jess Hosie          | F | UA               | 00:32:38 |
| <b>109</b> | 76  | Joseph Mulroy       | M | NSP              | 00:21:08 |
| <b>110</b> | 156 | Abigail Evans       | F | NSP              | 00:30:09 |
| <b>111</b> | 32  | Ben Wilcox          | M | NSP              | 00:22:55 |
| <b>112</b> | 144 | Huw Parry           | M | NSP              | 00:26:11 |
| <b>113</b> | 150 | Paul Manning        | M | UA               | 00:23:56 |
| <b>114</b> | 27  | Matt Fletcher       | M | NSP              | 00:22:27 |
| <b>115</b> | 140 | Danny Richardson    | M | NSP              | 00:21:13 |
| <b>116</b> | 135 | Michael Parkinson   | M | NSP              | 00:20:58 |
| <b>117</b> | 53  | Philip Sellars      | M | NSP              | 00:29:59 |
| <b>118</b> | 179 | Michael Clemmetsen  | M | UA               | 00:25:30 |
| <b>119</b> | 9   | Neil Dick           | M | NSP              | 00:22:46 |
| <b>120</b> | 24  | Michelle Thompson   | F | NSP              | 00:23:47 |
| <b>121</b> | 223 | Sarah Seymour       | F | Gosforth         | 00:23:18 |
| <b>122</b> | 149 | Anna Thornton       | F | UA               | 00:36:19 |
| <b>123</b> | 139 | Helen King          | F | Morpeth Harriers | 00:23:21 |
| <b>124</b> | 51  | Joanne Watson       | F | NSP              | 00:30:53 |
| <b>125</b> | 182 | Jonny Law           | M | Jesmond Joggers  | 00:20:39 |
| <b>126</b> | 212 | Nina Jensen         | F | Claremont        | 00:27:40 |
| <b>127</b> | 172 | Maria Lovett Graham | F | NSP              | 00:34:10 |
| <b>128</b> | 200 | Karen Nash          | F | NSP              | 00:33:41 |

|            |     |                   |   |                 |          |
|------------|-----|-------------------|---|-----------------|----------|
| <b>129</b> | 152 | Sonia Edmundson   | F | UA              | 00:34:56 |
| <b>130</b> | 211 | David Kear        | M | Claremont       | 00:29:41 |
| <b>131</b> | 106 | Ruth Sutcliffe    | F | UA              | 00:30:28 |
| <b>132</b> | 196 | Fiona Barras      | F | NSP             | 00:39:30 |
| <b>133</b> | 177 | Geoff Blair       | M | Jesmond Joggers | 00:24:46 |
| <b>134</b> | 69  | Jake Hill         | M | NSP             | 00:21:47 |
| <b>135</b> | 187 | Colette Anderson  | F | UA              | 00:30:05 |
| <b>136</b> | 44  | Sammi Penn        | F | NSP             | 00:28:21 |
| <b>137</b> | 188 | Heather Lambert   | F | NSP             | 00:25:36 |
| <b>138</b> | 217 | Kris Whitelaw     | M | NSP             | 00:25:22 |
| <b>139</b> | 6   | Hannah Lowes      | F | NSP             | 00:28:08 |
| <b>140</b> | 99  | Janine Routledge  | F | Heaton          | 00:24:56 |
| <b>141</b> | 105 | John Sutcliffe    | M | NSP             | 00:24:32 |
| <b>142</b> | 47  | Paul Robertson    | M | NSP             | 00:23:42 |
| <b>143</b> | 82  | Paul West         | M | NSP             | 00:20:46 |
| <b>144</b> | 222 | Michael Hindmarch | M | NSP             | 00:21:18 |
| <b>145</b> | 128 | Laura Greaves     | F | UA              | 00:29:11 |
| <b>146</b> | 201 | Paul Robinson     | M | Claremont       | 00:23:38 |
| <b>147</b> | 242 | Simon Ellis       | M | NSP             | 00:25:58 |
| <b>148</b> | 137 | Abbie Cresswell   | F | NSP             | 00:29:36 |
| <b>149</b> | 158 | David Howe        | M | UA              | 00:40:40 |
| <b>150</b> | 14  | Paul Ridley       | M | NSP             | 00:34:15 |
| <b>151</b> | 80  | Jonathon Heaney   | M | NSP             | 00:22:01 |
| <b>152</b> | 243 | Greg Penn         | M | NSP             | 00:22:05 |
| <b>153</b> | 77  | Kath Richards     | F | NSP             | 00:36:54 |
| <b>154</b> | 94  | Paul Harris       | M | NSP             | 00:25:00 |
| <b>155</b> | 124 | Kate Hall         | F | NSP             | 00:30:38 |
| <b>156</b> | 147 | Elaine Davies     | F | UA              | 00:35:31 |
| <b>157</b> | 37  | Rachel Carr       | F | NSP             | 00:30:34 |
| <b>158</b> | 145 | Terry Robertson   | F | UA              | 00:35:10 |
| <b>159</b> | 204 | Rose Hawkswood    | F | Claremont       | 00:32:30 |
| <b>160</b> | 198 | John Sayer        | M | NSP             | 00:28:15 |
| <b>161</b> | 115 | Peter Atkinson    | M | NSP             | 00:31:13 |
| <b>162</b> | 151 | Sian Bufton       | F | UA              | 00:43:05 |